The full metamorphosis of  $\lambda$ -fold block designs with block size four into  $\lambda$ -fold triple systems

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#### Abstract

Let (X,B) be a  $\lambda$ -fold block design with block size 4. If a star is removed from each block of B the resulting collection of triangles T is a partial  $\lambda$ -fold triple system (X,T). If the edges belonging to the deleted stars can be arranged into a collection of triangles  $S^*$ , then  $(X,T\cup S^*)$  is a  $\lambda$ -fold triple system, called a metamorphosis of the  $\lambda$ -fold block design (X,B) into a  $\lambda$ -fold triple system. Label the elements of each block b with  $b_1,b_2,b_3$ , and  $b_4$  (in any manner). For each i=1,2,3,4 define a set of triangles  $T_i$  and a set of stars  $S_i$  as follows: for each block  $b=[b_1,b_2,b_3,b_4]$  belonging to B, partition b into a triangle and a star centered at  $b_i$ , and place the triangle in

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 $T_i$  and the star in  $S_i$ . Then  $(X, T_i)$  is a partial  $\lambda$ -fold triple system. Now if the edges belonging to the stars in  $S_i$  can be arranged into a collection of triangles  $S_i^*$ , then  $(X, T_i \cup S_i^*)$  is a  $\lambda$ -fold triple system and we say that  $M_i = (X, T_i \cup S_i^*)$  is the *i*th metamorphosis of (X, B). The full metamorphosis of (X, B) is the set of four metamorphoses  $\{M_1, M_2, M_3, M_4\}$ . The purpose of this work is to give a complete solution of the following problem: For which n and  $\lambda$  does there exist a  $\lambda$ -fold block design with block size 4 having a full metamorphosis into  $\lambda$ -fold triple systems?

# 1 Introduction

A  $\lambda$ -fold block design with block size k is a pair (X, B), where B is a collection of edge disjoint copies of  $K_k$  which partitions the edge set of  $\lambda K_n$  with vertex set X. The copies of  $K_k$  are called blocks.

Let (X,B) be a  $\lambda$ -fold block design with block size 4 and label the elements of each block b with  $b_1,b_2,b_3$ , and  $b_4$  (in any manner). For each i=1,2,3,4 define a set of triangles  $T_i$  and a set of stars  $S_i$  as follows: for each block  $b=[b_1,b_2,b_3,b_4]$  belonging to B partition b into a triangle and a star centered at  $b_i$ , and place the triangle in  $T_i$  and the star in  $S_i$ . Then  $(X,T_i)$  is a partial  $\lambda$ -fold triple system (that is, a  $\lambda$ -fold block design with block size 3). Now if the stars in  $S_i$  can be arranged into a collection of triangles  $S_i^*$ , then  $(X,T_i\cup S_i^*)$  is a  $\lambda$ -fold triple system and it is a metamorphosis of a  $\lambda$ -fold block design with block size 4 into a  $\lambda$ -fold triple system, as defined in [7]. We will refer to  $M_i=(X,T_i\cup S_i^*)$  as the ith metamorphosis of (X,B). Observe that the center of the star corresponding to each block b is different in each metamorphosis  $M_i$ .

The full metamorphosis of (X, B) is a set of four metamorphoses  $\{M_1, M_2, M_3, M_4\}$ .

In what follows, a  $\lambda$ -fold block design will always mean a  $\lambda$ -fold block design with block size 4 and we will denote the edge sets of  $K_3$  and  $K_4$  by their vertex sets.

Example 1.1 (Full metamorphosis of a block design of order 13 into triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{13}$  and block set B, where

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B = \{[0, 1, 4, 6], [1, 2, 5, 7], [2, 3, 8, 6], [3, 7, 4, 9], [4, 8, 5, 10], [5, 11, 9, 6],
   [6, 7, 12, 10], [7, 8, 11, 0], [8, 9, 12, 1], [2, 10, 9, 0], [11, 1, 3, 10], [4, 2, 12, 11],
   [5,3,12,0]. Then M_i = T_i \cup S_i^* where
  T_1 = \{\{1,4,6\}, \{2,5,7\}, \{3,8,6\}, \{7,4,9\}, \{8,5,10\}, \{11,9,6\}, \{7,12,10\}, \}\}
   \{8,11,0\}, \{9,12,1\}, \{10,9,0\}, \{1,3,10\}, \{2,12,11\}, \{3,12,0\}\};
 T_2 = \{\{0,4,6\}, \{1,5,7\}, \{2,8,6\}, \{3,4,9\}, \{4,5,10\}, \{5,9,6\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6,12,10\}, \{6
  \{7,11,0\}, \{8,12,1\}, \{2,9,0\}, \{11,3,10\}, \{4,12,11\}, \{5,12,0\}\};
 T_3 = \{\{0,1,6\}, \{1,2,7\}, \{2,3,6\}, \{3,7,9\}, \{4,8,10\}, \{5,11,6\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{6,7,10\}, \{
  \{7,8,0\}, \{8,9,1\}, \{2,10,0\}, \{11,1,10\}, \{4,2,11\}, \{5,3,0\}\};
 T_4 = \{\{0,1,4\}, \{1,2,5\}, \{2,3,8\}, \{3,7,4\}, \{4,8,5\}, \{5,11,9\}, \{6,7,12\}, \}
 \{7, 8, 11\}, \{8, 9, 12\}, \{2, 10, 9\}, \{11, 1, 3\}, \{4, 2, 12\}, \{5, 3, 12\}\}; and
S_1^* = \{\{0,1,2\}, \{0,4,5\}, \{0,6,7\}, \{1,5,11\}, \{1,7,8\}, \{2,3,4\}, \{2,6,10\},
 {2,8,9}, {3,5,9}, {3,7,11}, {4,8,12}, {4,10,11}, {5,6,12}};
S_2^* = \{\{0,1,3\}, \{0,8,10\}, \{1,2,4\}, \{1,6,11\}, \{1,9,10\}, \{2,3,12\}, \{2,5,11\},
\{2,7,10\}, \{3,5,8\}, \{3,6,7\}, \{4,7,8\}, \{7,9,12\}, \{8,9,11\}\};
S_3^* = \{\{0, 4, 12\}, \{0, 9, 11\}, \{1, 3, 4\}, \{1, 5, 12\}, \{2, 5, 8\}, \{2, 9, 12\}, \{3, 8, 11\}, \}
{3,10,12}, {4,5,7}, {4,6,9}, {5,9,10}, {6,8,12}, {7,11,12}};
S_4^* = \{\{0, 2, 7\}, \{0, 3, 9\}, \{0, 5, 6\}, \{0, 8, 10\}, \{0, 11, 12\}, \{1, 6, 8\}, \{1, 7, 9\}, \}
\{1, 10, 12\}, \{2, 6, 11\}, \{3, 6, 10\}, \{4, 6, 9\}, \{4, 10, 11\}, \{5, 7, 10\}\}.
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The purpose of this paper is to find a full metamorphosis of (X, B) for each admissible n and  $\lambda$ . If we can give a complete solution of this problem

for  $\lambda=1,2,3$ , and 6, we can paste these solutions together to get a solution for all other values of  $\lambda$ . Therefore we will organize our results into four sections:  $\lambda=1,\lambda=2,\lambda=3$ , and  $\lambda=6$ , followed by a summary.

Finally, the interested reader is referred to [3, 4, 5, 6, 8, 9, 10] for related work on metamorphosis problems.

## $\lambda = 1$

It is well-known that the spectrum for block designs with block size 4 is precisely the set of all  $n \equiv 1$  or 4 (mod 12) and the spectrum for triple systems is the set of all  $n \equiv 1$  or 3 (mod 6). Hence a necessary condition for the existence of a block design having a full metamorphosis into triple systems is  $n \equiv 1 \pmod{12}$ .

Example 1.1 gives a solution for n = 13 and the following examples give solutions for the cases n = 25, 37, and 73.

Example 2.1 (Full metamorphosis of a block design of order 25 into triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_5 \times \mathbb{Z}_5$ , and block set  $B = \{[(0+i, 1+j), (0+i, 0+j), (2+i, 2+j), (1+i, 0+j)], [(0+i, 2+j), (0+i, 0+j), (4+i, 4+j), (2+i, 0+j)] \mid 0 \le i \le 4, 0 \le j \le 4\}$ , where addition is done modulo 5.

Then  $S_i^*$  is a partial STS, where the starter blocks for  $S_1^*$  are  $\{(0,0), (0,1), (1,4)\}$ ,  $\{(0,0), (0,2), (2,3)\}$ ; for  $S_2^*$  are  $\{(0,0), (0,1), (1,1)\}$ ,  $\{(0,0), (0,2), (2,2)\}$ ; for  $S_3^*$  are  $\{(0,0), (2,1), (4,3)\}$ ,  $\{(0,0), (1,1), (4,2)\}$ ; and for  $S_4^*$  are  $\{(0,0), (1,4), (4,0)\}$ ,  $\{(0,0), (1,2), (3,0)\}$ .

Example 2.2 (Full metamorphosis of a block design of order 37 into triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{37}$ , block set B, and starter blocks [0, 3, 1, 24], [4, 9, 0, 15], [7, 17, 25, 0].

Then the starter blocks for  $S_1^*$  are  $\{0,1,5\}$ ,  $\{0,3,13\}$ ,  $\{0,7,18\}$ ; for  $S_2^*$  are  $\{0,2,5\}$ ,  $\{0,6,16\}$ ,  $\{0,8,17\}$ ; for  $S_3^*$  are  $\{0,1,9\}$ ,  $\{0,2,14\}$ ,  $\{0,15,19\}$ ; and for  $S_4^*$  are  $\{0,6,22\}$ ,  $\{0,11,23\}$ ,  $\{0,7,20\}$ .

Example 2.3 (Full metamorphosis of a block design of order 73 into triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{73}$ , block set B, and starter blocks [0, 1, 4, 6], [20, 7, 28, 0], [33, 9, 44, 0], [25, 15, 47, 0], [30, 12, 46, 0], [31, 14, 50, 0].

Then the starter blocks for  $S_1^*$  are  $\{0,1,11\},\{0,4,24\},\{0,6,25\},\{0,8,30\},\{0,13,31\},\{0,16,33\};$  for  $S_2^*$  are  $\{0,1,10\},\{0,3,18\},\{0,5,17\},\{0,7,39\},\{0,13,37\},\{0,14,35\};$  for  $S_3^*$  are  $\{0,2,21\},\{0,3,32\},\{0,4,26\},\{0,8,36\},\{0,11,38\},\{0,16,39\};$  and for  $S_4^*$  are  $\{0,2,25\},\{0,5,31\},\{0,6,15\},\{0,7,27\},\{0,12,40\},\{0,14,43\}.$ 

Example 2.4 (A 4-GDD of type  $4^4$  having a full metamorphosis into a 3-GDD of type  $4^4$ .)

Let  $\mathcal{G}=(X,G,B)$  be a 4-GDD of type  $4^4$  where  $X=\{1,2,3,...,16\}$ ,  $G=\{\{0,1,2,3\}, \{4,5,6,7\}, \{8,9,10,11\}, \{12,13,14,15\}\}$ , and  $B=\{[0,6,9,15], [1,7,8,14], [2,5,11,13], [3,4,10,12], [0,4,11,14], [1,5,10,15], [2,7,9,12], [3,6,8,13], [7,10,13,0], [6,11,12,1], [4,8,15,2], [5,9,14,3], [5,8,12,0], [4,9,13,1], [6,10,14,2], [7,11,15,3]\}. Then <math>S_1^*=\{\{0,4,9\}, \{0,5,14\}, \{0,6,11\}, \{0,7,15\}, \{1,4,15\}, \{1,5,8\}, \{1,6,14\}, \{1,7,10\}, \{2,4,13\}, \{2,5,9\}, \{2,6,12\}, \{2,7,11\}, \{3,4,8\}, \{3,5,12\}, \{3,6,10\}, \{3,7,13\}\};$ 

 $S_2^* = \{\{0,4,8\}, \{0,6,10\}, \{1,5,9\}, \{1,7,11\}, \{2,5,8\}, \{2,7,10\}, \{3,4,9\}, \{3,6,11\}, \{4,10,14\}, \{4,11,12\}, \{5,10,13\}, \{5,11,15\}, \{6,8,15\}, \{6,9,13\}, \{7,8,12\}, \{7,9,14\}\};$ 

 $S_3^* = \{\{0,9,12\}, \{0,11,13\}, \{1,8,13\}, \{1,10,12\}, \{2,9,15\}, \{2,11,14\}, \{3,8,14\}, \{3,10,15\}, \{4,10,13\}, \{4,11,15\}, \{5,10,14\}, \{5,11,12\}, \{6,8,12\}, \{6,9,14\}, \{7,8,15\}, \{7,9,13\}\}; and$ 

 $S_4^* = \{0,5,13\}, \{0,7,12\}, \{0,8,14\}, \{0,10,15\}, \{1,4,12\}, \{1,6,13\}, \{1,9,15\}, \{1,11,14\}, \{2,4,14\}, \{2,6,15\}, \{2,8,13\}, \{2,10,12\}, \{3,5,15\}, \{3,7,14\}, \{3,9,12\}, \{3,11,13\}\}.$ 

With these examples in hand we can give a general construction for all of the remaining cases.

The 12k + 1 Construction. Suppose n = 12k + 1, where  $k \ge 4$ ,  $k \ne 6$ . Set  $X = \{\infty\} \cup \{(i,j) \mid 1 \le i \le 3k, 1 \le j \le 4\}$ .

If  $k \equiv 0$  or 1 (mod 4):

- (i) On each set  $\{\infty\} \cup \{(3i-2,j), (3i-1,j), (3i,j) \mid 1 \leq j \leq 4\}$ ,  $1 \leq i \leq k$ , place a block design of order 13 having a full metamorphosis into triple systems.
- (ii) Take a 4-GDD of type  $3^k$  [2] on  $\{1,2,...,3k\}$  with groups  $\{3i-2,3i-1,3i\}$ ,  $1 \le i \le k$ . For each block  $\{x,y,z,w\}$  in the 4-GDD, place a copy of  $\mathcal G$  in Example 2.4 on the set  $\{x,y,z,w\} \times \{1,2,3,4\}$  with groups  $\{x\} \times \{1,2,3,4\}$ ,  $\{y\} \times \{1,2,3,4\}$ ,  $\{z\} \times \{1,2,3,4\}$ , and  $\{w\} \times \{1,2,3,4\}$ . If  $k \equiv 2$  or 3 (mod 4):
- (i') On the set  $\{\infty\} \cup \{(i,j) \mid 1 \le i \le 6, \ 1 \le j \le 4\}$ , place a block design of order 25 having a full metamorphosis into triple systems.
- (ii') On each set  $\{\infty\} \cup \{(3i-2,j), (3i-1,j), (3i,j) \mid 1 \leq j \leq 4\}$ , for  $3 \leq i \leq k$ , place a block design of order 13 having a full metamorphosis into triple systems.
- (iii') Take a 4-GDD of type  $6^13^{k-2}$  [1] on  $\{1, 2, ..., 3k\}$  with groups  $\{1, 2, 3, 4, 5, 6\}$  and  $\{3i 2, 3i 1, 3i\}$ ,  $3 \le i \le k$ . For each block

 $\{x, y, w, z\}$  in the 4-GDD, place a copy of  $\mathcal{G}$  in Example 2.4 on the set  $\{x, y, z, w\} \times \{1, 2, 3, 4\}$  with groups  $\{x\} \times \{1, 2, 3, 4\}$ ,  $\{y\} \times \{1, 2, 3, 4\}$ ,  $\{z\} \times \{1, 2, 3, 4\}$ , and  $\{w\} \times \{1, 2, 3, 4\}$ .

Combining (i) and (ii), ((i'), (ii') and (iii')) gives a block design of order n with block size 4 having a full metamorphosis into triple systems.

## 3 $\lambda = 2$

A necessary condition for the existence of a 2-fold block design having a full metamorphosis into a 2-fold triple system is  $n \equiv 1 \pmod{3}$ . It is known that a pairwise balanced design (PBD) with block sizes 4 and 7 exists for all  $n \equiv 1 \pmod{3}$  except for n = 10 or 19 [1]. If we can produce 2-fold block designs of order 4, 7, 10, and 19 having a full metamorphosis, a PBD construction will produce a 2-fold block design having a full metamorphosis into 2-fold triple systems.

Example 3.1 (Full metamorphosis of a 2-fold block design of order 4 into 2-fold triple systems.)

Let (X,B) be the 2-fold block design with  $B = \{[1,2,3,4],[2,3,4,1]\}$ . Then  $S_1^* = \{\{1,2,3\}, \{1,2,4\}\}, S_2^* = \{\{1,2,3\}, \{2,3,4\}\}, S_3^* = \{\{1,3,4\}, \{2,3,4\}\},$ and  $S_4^* = \{\{1,2,4\}, \{1,3,4\}\}.$ 

Example 3.2 (Full metamorphosis of a 2-fold block design of order 7 into 2-fold triple systems.)

Let (X,B) be the 2-fold block design with vertex set  $X=\mathbb{Z}_7$  and block set  $B=\{[0,2,3,4],[1,3,5,4],[2,4,5,6],[3,5,6,0],[6,0,4,1],[0,5,1,2],[1,2,6,3]\}$ . Then

$$S_1^* = \{\{0,1,3\},\{0,2,4\},\{0,2,5\},\{0,3,6\},\{1,2,6\},\{1,3,5\},\{1,4,6\}\}; \\ S_2^* = \{\{0,1,2\},\{0,4,5\},\{0,5,6\},\{1,3,5\},\{2,3,4\},\{2,3,5\},\{2,4,6\}\}; \\$$

$$S_3^* = \{\{0,1,4\},\{0,3,6\},\{1,2,5\},\{1,5,6\},\{2,3,6\},\{3,4,5\},\{4,5,6\}\}; \text{ and } S_4^* = \{\{0,1,2\},\{0,3,4\},\{0,5,6\},\{1,3,4\},\{1,4,6\},\{2,3,6\},\{2,4,5\}\}.$$

Example 3.3 (Full metamorphosis of a 2-fold block design of order 10 into 2-fold triple systems.)

Let (X, B) be the 2-fold block design with vertex set  $X = \mathbb{Z}_5 \times \{1, 2\}$  and block set  $B = \{[(0+i,1), (2+i,1), (4+i,1), (2+i,2)], [(0+i,1), (1+i,1), (2+i,2)], [(0+i,1), (1+i,2), (0+i,2), (4+i,2)] \mid 0 \le i \le 4\}$ , where additions are done modulo 5.

Then the starter blocks for  $S_1^*$  are  $\{(0,1), (1,1), (0,2)\}$ ,  $\{(0,1), (2,1), (4,2)\}$ ,  $\{(0,1), (1,1), (2,2)\}$ ; the starter blocks for  $S_2^*$  are  $\{(0,1), (2,1), (4,1)\}$ ,  $\{(0,1), (0,2), (1,2)\}$ ,  $\{(0,1), (1,2), (3,2)\}$ ; the starter blocks for  $S_3^*$  are  $\{(0,1), (1,1), (2,2)\}$ ,  $\{(0,1), (2,1), (0,2)\}$ ,  $\{(0,2), (1,2), (2,2)\}$ ; and the starter blocks for  $S_4^*$  are  $\{(0,1), (0,2), (3,2)\}$ ,  $\{(0,1), (2,2), (4,2)\}$ ,  $\{(0,1), (3,2), (4,2)\}$ .

Example 3.4 (Full metamorphosis of a 2-fold block design of order 19 into 2-fold triple systems.)

Let (X, B) be the 2-fold block design with vertex set  $X = \mathbb{Z}_{19}$ , block set B, and starter blocks [0, 1, 3, 8], [0, 16, 6, 2], [4, 0, 12, 13].

Then the starter blocks for  $S_1^*$  are  $\{0,1,3\},\{0,3,11\},\{0,4,10\}$ ; for  $S_2^*$  are  $\{0,1,3\},\{0,5,12\},\{0,4,10\}$ ; for  $S_3^*$  are  $\{0,2,5\},\{0,6,10\},\{0,1,8\}$ ; and for  $S_4^*$  are  $\{0,1,5\},\{0,2,9\},\{0,5,11\}$ .

**Lemma 3.5** There exists a 2-fold block design of order n having a full metamorphosis into 2-fold triple systems if and only if  $n \equiv 1 \pmod{3}$ .

**Proof** The cases n = 4,7,10, and 19 are handled in Examples 3.1, 3.2, 3.3, and 3.4. For the remaining cases take a PBD of order n with block sizes 4 and 7, and place a 2-fold block design of order 4 or 7 having a full metamorphosis into 2-fold triple systems on each block.

### 4 $\lambda = 3$

A necessary condition for the existence of a 3-fold block design of order n having a full metamorphosis into 3-fold triple systems is  $n \equiv 1 \pmod{4}$ . It is known that a PBD with block sizes 5, 9, and 13 exists for all  $n \equiv 1 \pmod{4}$  except for n = 17, 29, 33 [2]. So we need 3-fold block designs of order 5, 9, 17, 29, and 33 having a full metamorphosis. Note that we have a solution for n = 13 in Example 1.1.

Example 4.1 (Full metamorphosis of a 3-fold block design of order 5 into 3-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_5$ , block set B, and starter block [0, 1, 2, 3].

Then the starter block for  $S_1^*$  is  $\{0,1,3\}$ ; for  $S_2^*$  is  $\{0,1,2\}$ ; for  $S_3^*$  is  $\{0,1,2\}$ ; and for  $S_4^*$  is  $\{0,2,3\}$ .

Example 4.2 (Full metamorphosis of a 3-fold block design of order 9 into triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_9$ , block set B, and starter blocks [0, 3, 5, 8], [2, 0, 3, 4].

Then the starter blocks for  $S_1^*$  are  $\{0,1,2\}$ ,  $\{0,2,5\}$ ; for  $S_2^*$  are  $\{0,2,5\}$ ,  $\{0,3,7\}$ ; for  $S_3^*$  are  $\{0,1,4\}$ ,  $\{0,1,3\}$ ; and for  $S_4^*$  are  $\{0,1,5\}$ ,  $\{0,1,3\}$ .

Example 4.3 (Full metamorphosis of a 3-fold block design of order 17 into 3-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{17}$ , block set B, and starter blocks [0, 1, 4, 6], [0, 2, 8, 12], [0, 4, 16, 7], [0, 8, 15, 14].

Then the starter blocks for  $S_1^*$  are  $\{0,1,6\}$ ,  $\{0,1,9\}$ ,  $\{0,3,7\}$ ,  $\{0,2,4\}$ ; for  $S_2^*$  are  $\{0,3,9\}$ ,  $\{0,4,10\}$ ,  $\{0,5,10\}$ ,  $\{0,1,3\}$ ; for  $S_3^*$  are  $\{0,3,11\}$ ,

 $\{0,2,4\}, \{0,1,8\}, \{0,1,5\}; \text{ and for } S_4^* \text{ are } \{0,5,12\}, \{0,6,9\}, \{0,2,3\}, \{0,4,11\}.$ 

Example 4.4 (Full metamorphosis of a 3-fold block design of order 29 into 3-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{29}$  and block set  $B = \{[0+i, 4^x+i, 4^{x+1}+i, 11\cdot 4^x+i] \mid 0 \le i \le 28, 0 \le x \le 6\}$ , where addition is done modulo 29.

Then, the starter blocks of  $S_1^*$  and  $S_3^*$  are  $\{0,1,3\}$ ,  $\{0,1,5\}$ ,  $\{0,4,9\}$ ,  $\{0,6,16\}$ ,  $\{0,6,17\}$ ,  $\{0,7,15\}$ ,  $\{0,7,16\}$  and the starter blocks of  $S_2^*$  and  $S_4^*$  are  $\{0,1,3\}$ ,  $\{0,2,15\}$ ,  $\{0,3,7\}$ ,  $\{0,6,17\}$ ,  $\{0,8,17\}$ ,  $\{0,8,18\}$ ,  $\{0,5,15\}$ .

Example 4.5 (Full metamorphosis of a 3-fold block design of order 33 into 3-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{33}$ , block set B, and starter blocks [0, 3, 9, 21], [0, 6, 8, 28], [0, 12, 16, 23], [0, 5, 15, 19], [0, 1, 2, 9], [0, 6, 7, 15], [0, 3, 5, 16], [0, 3, 13, 17].

Then the starter blocks for  $S_1^*$  are  $\{0,3,9\}$ ,  $\{0,2,16\}$ ,  $\{0,6,16\}$ ,  $\{0,5,12\}$ ,  $\{0,1,16\}$ ,  $\{0,3,8\}$ ,  $\{0,5,20\}$ ,  $\{0,3,12\}$ ; for  $S_2^*$  are  $\{0,2,14\}$ ,  $\{0,6,15\}$ ,  $\{0,3,13\}$ ,  $\{0,4,10\}$ ,  $\{0,3,14\}$ ,  $\{0,3,11\}$ ,  $\{0,1,2\}$ ,  $\{0,1,6\}$ ; for  $S_3^*$  are  $\{0,1,2\}$ ,  $\{0,2,10\}$ ,  $\{0,2,12\}$ ,  $\{0,4,8\}$ ,  $\{0,4,11\}$ ,  $\{0,5,18\}$ ,  $\{0,6,13\}$ ,  $\{0,7,16\}$ ; and for  $S_4^*$  are  $\{0,4,14\}$ ,  $\{0,4,16\}$ ,  $\{0,13,18\}$ ,  $\{0,7,18\}$ ,  $\{0,7,19\}$ ,  $\{0,8,17\}$ ,  $\{0,8,19\}$ ,  $\{0,9,20\}$ .

Lemma 4.6 There exists a 3-fold block design of order n having a full metamorphosis into 3-fold triple systems if and only if  $n \equiv 1 \pmod{4}$ .

**Proof** The cases n = 5, 9, 17, 29, and 33 are handled in Examples 4.1, 4.2, 4.3, 4.4, and 4.5. For the remaining cases take a PBD of order n with block sizes 5, 9 and 13 and place a 3-fold block design of order 5, 9, or 13 having a full metamorphosis into 3-fold triple systems on each block.

#### 5 $\lambda = 6$

A necessary condition for the existence of a 6-fold block design having a full metamorphosis into a 6-fold triple system is  $n \geq 4$ . A PBD of order n with block sizes 4,5,6, and 7 exists for all  $n \geq 4$ , except n = 8,9,10,11,12,14,15,18,19, and 23 [2]. Note that there exist solutions for n = 4,7,10,19 when  $\lambda = 2$  and n = 5,9 when  $\lambda = 3$  in Examples 3.1, 3.2, 3.3, 3.4, 4.1, and 4.2. So we need to construct 6-fold block designs of order 6,8,11,12,14,15,18, and 23 having a full metamorphosis.

Example 5.1 (Full metamorphosis of a 6-fold block design of order 6 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = {\infty} \cup \mathbb{Z}_5$ , block set B, and starter blocks  $[\infty, 0, 1, 2], [0, \infty, 3, 1], [1, 2, 3, 0].$ 

Then  $S_i^*$  is a partial cyclic STS, where the starter blocks for  $S_1^*$  are  $\{\infty, 0, 1\}$ ,  $\{\infty, 0, 2\}$ ,  $\{0, 1, 2\}$ ; for  $S_2^*$  are  $\{\infty, 0, 1\}$ ,  $\{\infty, 0, 2\}$ ,  $\{0, 1, 2\}$ ; for  $S_3^*$  are  $\{\infty, 0, 2\}$ ,  $\{0, 1, 3\}$ ,  $\{0, 1, 2\}$ ; and for  $S_4^*$  are  $\{\infty, 0, 1\}$ ,  $\{0, 1, 3\}$ ,  $\{0, 1, 3\}$ .

Example 5.2 (Full metamorphosis of a 6-fold block design of order 8 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \{\infty\} \cup \mathbb{Z}_7$ , block set B, and starter blocks  $[\infty, 0, 1, 3]$ ,  $[\infty, 0, 1, 3]$ , [0, 2, 3, 4], [0, 2, 3, 4].

Then the starter blocks for  $S_1^*$  are  $\{\infty, 1, 4\}$ ,  $\{\infty, 1, 4\}$ ,  $\{\infty, 1, 4\}$ ,  $\{0, 2, 5\}$ ; for  $S_2^*$  are  $\{\infty, 0, 2\}$ ,  $\{0, 1, 2\}$ ,  $\{0, 1, 3\}$ ,  $\{0, 1, 3\}$ ; for  $S_3^*$  are  $\{\infty, 0, 1\}$ ,  $\{0, 1, 2\}$ ,  $\{0, 1, 2\}$ ,  $\{0, 1, 4\}$ ; and for  $S_4^*$  are  $\{\infty, 0, 2\}$ ,  $\{0, 1, 3\}$ ,  $\{0, 1, 4\}$ ,  $\{0, 2, 4\}$ .

Example 5.3 (Full metamorphosis of a 6-fold block design of order 11 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{11}$ , block set B, and starter blocks [0, 1, 4, 6], [0, 2, 8, 1], [0, 4, 5, 2], [0, 8, 10, 4], [0, 5, 9, 8].

Then the starter blocks for  $S_1^*$  are  $\{0,1,4\},\{0,1,5\},\{0,2,5\},\{0,1,3\},\{0,2,6\};$  for  $S_2^*$  are  $\{0,4,5\},\{0,2,3\},\{0,3,5\},\{0,4,6\},\{0,3,4\};$  for  $S_3^*$  are  $\{0,2,7\},\{0,1,3\},\{0,4,5\},\{0,2,5\},\{0,3,4\};$  and for  $S_4^*$  are  $\{0,3,6\},\{0,1,6\},\{0,1,2\},\{0,2,4\},\{0,3,7\}.$ 

Example 5.4 (Full metamorphosis of a 6-fold block design of order 12 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \{\infty\} \cup \mathbb{Z}_{11}$ , block set B, and starter blocks  $[\infty, 0, 1, 4]$ ,  $[\infty, 0, 2, 5]$ , [0, 1, 4, 6], [0, 1, 2, 8], [0, 2, 4, 5], [0, 4, 8, 10].

Then the starter blocks for  $S_1^*$  are  $\{\infty,0,1\}$ ,  $\{\infty,0,3\}$ ,  $\{\infty,0,4\}$ ,  $\{0,1,3\}$ ,  $\{0,1,5\}$ ,  $\{0,2,6\}$ ; for  $S_2^*$  are  $\{\infty,0,2\}$ ,  $\{0,1,2\}$ ,  $\{0,1,4\}$ ,  $\{0,2,6\}$ ,  $\{0,4,8\}$ ,  $\{0,5,10\}$ ; for  $S_3^*$  are  $\{\infty,0,5\}$ ,  $\{0,1,3\}$ ,  $\{0,1,3\}$ ,  $\{0,1,3\}$ ,  $\{0,2,4\}$ ,  $\{0,4,8\}$ ; and for  $S_4^*$  are  $\{\infty,0,3\}$ ,  $\{0,2,5\}$ ,  $\{0,2,5\}$ ,  $\{0,5,10\}$ ,  $\{0,3,7\}$ ,  $\{0,5,10\}$ .

Example 5.5 (Full metamorphosis of a 6-fold block design of order 14 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = {\infty} \cup \mathbb{Z}_{13}$ , block set B, and starter blocks [6, 0, 1, 4], [12, 0, 2, 8], [11, 0, 3, 4], [9, 0, 6, 8], [5, 0, 3, 12],  $[\infty, 1, 0, 4]$ ,  $[0, \infty, 7, 2]$ .

Then the starter blocks for  $S_1^*$  are  $\{0,2,7\}$ ,  $\{0,1,4\}$ ,  $\{0,2,8\}$ ,  $\{0,1,4\}$ ,  $\{0,2,7\}$ ,  $\{\infty,0,2\}$ ,  $\{\infty,0,6\}$ ; for  $S_2^*$  are  $\{0,2,6\}$ ,  $\{0,1,6\}$ ,  $\{0,1,5\}$ ,  $\{0,1,4\}$ ,  $\{0,2,5\}$ ,  $\{\infty,0,1\}$ ,  $\{\infty,0,3\}$ ; for  $S_3^*$  are  $\{0,3,6\}$ ,  $\{0,1,4\}$ ,  $\{0,2,5\}$ ,  $\{0,1,3\}$ ,  $\{0,2,8\}$ ,  $\{0,1,6\}$ ,  $\{\infty,0,4\}$ ; and for  $S_4^*$  are  $\{0,1,5\}$ ,  $\{0,2,6\}$ ,  $\{0,4,5\}$ ,  $\{0,1,4\}$ ,  $\{0,4,6\}$ ,  $\{0,2,5\}$ ,  $\{\infty,0,6\}$ .

Example 5.6 (Full metamorphosis of a 6-fold block design of order 15 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{15}$ , block set B, and starter blocks [0, 2, 5, 6], [0, 4, 10, 12], [0, 5, 8, 9], [0, 1, 3, 10], [0, 1, 6, 8], [0, 1, 3, 4], [0, 2, 6, 10].

Then the starter blocks for  $S_1^*$  are  $\{0,1,2\}$ ,  $\{0,1,4\}$ ,  $\{0,2,8\}$ ,  $\{0,3,8\}$ ,  $\{0,3,9\}$ ,  $\{0,4,9\}$ ,  $\{0,5,10\}$ ; for  $S_2^*$  are  $\{0,1,2\}$ ,  $\{0,1,3\}$ ,  $\{0,2,5\}$ ,  $\{0,2,8\}$ ,  $\{0,3,7\}$ ,  $\{0,4,8\}$ ,  $\{0,4,9\}$ ; for  $S_3^*$  are  $\{0,2,7\}$ ,  $\{0,1,3\}$ ,  $\{0,2,5\}$ ,  $\{0,1,2\}$ ,  $\{0,3,7\}$ ,  $\{0,3,9\}$ ,  $\{0,4,9\}$ ; and for  $S_4^*$  are  $\{0,1,2\}$ ,  $\{0,1,7\}$ ,  $\{0,2,8\}$ ,  $\{0,3,7\}$ ,  $\{0,3,8\}$ ,  $\{0,4,8\}$ ,  $\{0,4,9\}$ .

Example 5.7 (Full metamorphosis of a 6-fold block design of order 18 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \{\infty\} \cup \mathbb{Z}_{17}$ , block set B, and starter blocks [0, 13, 4, 1], [0, 3, 12, 5], [0, 9, 2, 15], [0, 10, 6, 11], [0, 13, 1, 16], [0, 5, 3, 14], [0, 15, 9, 8],  $[\infty, 0, 3, 7]$ ,  $[0, \infty, 1, 7]$ .

Then the starter blocks for  $S_1^*$  are  $\{0,1,3\},\{0,5,11\},\{0,4,9\},\{0,4,12\},\{0,2,3\},\{0,1,4\},\{0,2,10\},\{\infty,0,1\},\{\infty,0,7\};$  for  $S_2^*$  are  $\{0,2,5\},\{0,1,7\},\{0,2,8\},\{0,2,9\},\{0,4,9\},\{0,5,13\},\{0,3,7\},\{\infty,0,3\},\{\infty,0,7\};$  for  $S_3^*$  are  $\{0,4,8\},\{0,1,6\},\{0,5,11\},\{0,2,9\},\{0,3,7\},\{0,4,9\},\{0,1,3\},\{0,1,3\},\{\infty,0,6\};$  and for  $S_4^*$  are  $\{0,1,6\},\{0,2,8\},\{0,3,7\},\{0,2,10\},\{0,1,6\},\{0,5,6\},\{0,1,4\},\{0,3,10\},\{\infty,0,2\}.$ 

Example 5.8 (Full metamorphosis of a 6-fold block design of order 23 into 6-fold triple systems.)

Let (X, B) be the block design with vertex set  $X = \mathbb{Z}_{23}$  and block set  $B = \{[0+i, 2^x+i, 4\times 2^x+i, 17\times 2^x+i] \mid 0 \le i \le 23, 0 \le x \le 10\}$ , where addition is done modulo 23.

Then the starter blocks for  $S_1^*, S_2^*, S_3^*$  and  $S_4^*$  are  $\{0, 6 \times 2^j, 13 \times 2^j\}$ ,  $0 \le j \le 10$ .

**Lemma 5.9** There exists a 6-fold block design of every order  $n \ge 4$  having a full metamorphosis into 6-fold triple systems.

**Proof** The cases n = 6, 8, 11, 12, 14, 15, 18, and 23 are handled in Examples 5.1, 5.2, 5.3, 5.4, 5.5, 5.6, 5.7, and 5.8. The cases n = 4, 5, 7, 9, 10, and 19 are handled in Examples 3.1, 3.2, 3.3, 3.4, 4.1 and 4.2. For the remaining cases take a PBD of order n with block sizes 4, 5, 6 and 7, and place a 6-fold block design of order 4, 5, 6, or 7 having a full metamorphosis into 6-fold triple systems on each block.

# 6 Summary

We can paste together solutions for  $\lambda = 1, 2, 3$ , and 6 to obtain solutions for all other values of  $\lambda$ . The following table gives a summary of the results in this paper.

λ (mod 6)	Spectrum of $\lambda$ -fold block designs having a full
	metamorphosis into $\lambda$ -fold triple systems
1 or 5	$n \equiv 1 \pmod{12}$
2 or 4	$n \equiv 1 \pmod{3}$
3	$n \equiv 1 \pmod{4}$
0	$n \ge 4$

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