

Article

An Alternate form of Merino-Mička-Mütze's Solution to a Knuth's Combinatorial Generation Problem

Italo J. Dejter $1,*$

¹ University of Puerto Rico, Rio Piedras, PR 00936-8377

* Correspondence: italo.dejter@gmail.com

Abstract: A modification of Merino-Mička-Mütze's solution to a combinatorial generation problem of Knuth is proposed in this survey. The resulting alternate form to such solution is compatible with a reinterpretation by the author of a proof of existence of Hamilton cycles in the middle-levels graphs. Such reinterpretation is given in terms of a dihedral quotient graph associated to each middle-levels graph. The vertices of such quotient graph represent Dyck words and their associated ordered trees. Those Dyck words are linearly ordered via a rooted tree that covers all their tight, or irreducible, forms, offering an universal reference point of view to express and integrate the periodic paths, or blocks, whose concatenation leads to Hamilton cycles resulting from the said solution.

Keywords: Combinatorial Generation, Middle-levels graphs, Hamilton cycles, Dyck words 2010 Mathematics Subject Classification: 05C70

1. Introduction

In this survey, an alternate form of Merino-Mička-Mütze's solution $[1]$ $[1]$ to a combinatorial generation problem of Knuth [\[2\]](#page-19-1) is given that is compatible with a reinterpretation [\[3\]](#page-19-2) of the proof by Mütze [[4\]](#page-19-3) and Gregor, Mütze and Nummenpalo [[5\]](#page-19-4) of existence of Hamilton cycles in the *middlelevels graph* M_n [\[6\]](#page-19-5) ($0 \lt n \in \mathbb{Z}$). This graph M_n is induced by the vertices of the $(2n + 1)$ -cube that represent the *n*- and $(n + 1)$ -subsets of the set $\{0, \ldots, 2n\}$ $\{0, \ldots, 2n\}$ $\{0, \ldots, 2n\}$ and is further considered from Section 2 on.

The reinterpretation in question is given in terms of the associated dihedral quotient graph *Nⁿ* of *Mⁿ* whose vertices (here called *necklaces*, as in [\[1\]](#page-19-0), see Definition [2,](#page-4-0) below) represent the Dyck words of length 2*n* defined in the following alternate way to that of [\[1\]](#page-19-0):

Definition 1. *The deficiency (not the excess, as in* [\[1\]](#page-19-0)*) of a bitstring x is its number of 0's minus its number of 1's. If x has deficiency 0 and every prefix has negative deficiency, then we say that x is a Dyck word. Let D_n be the set of Dyck words of length* 2*n. Let D* = $\cup_{n\geq 0}D_n$ *.*

Such words can be linearly ordered via a *castling*, or *lexical*, procedure [\[3,](#page-19-2) Section 3] (where the term *lexical* appears in [\[3\]](#page-19-2) in relation to Kierstead and Trotter [\[6\]](#page-19-5)).

The castling procedure uses *restricted growth strings* or RGSs of length *n*, namely the *n*-strings $a_1 a_2 \cdots a_n$ such that $a_1 = 0$ and $a_k \le a_{k-1} + 1$, for $1 < k \le n$; see [\[7,](#page-19-6) page 325]- [\[8,](#page-19-7) page 224 (u)], that establish that their number is the Catalan number $C_n = \frac{1}{n+1} {2n \choose n}$ [9, A100108]. By eliminating the initi $rac{1}{n+1}$ $\binom{2n}{n}$ $\binom{2n}{n}$ [\[9,](#page-19-8) <u>A100108</u>]. By eliminating the initial zero of each such RGS, we say that the resulting $(n - 1)$ -string is an *n*-*germ* $a_2 \cdots a_n = b_{n-1} \cdots b_0$, better denoted $b_{n-1} \cdots b_0$ in what follows.

Those *n*-germs form an ordered tree \mathcal{T}^n [\[3,](#page-19-2) Theorem 1] whose root is the null *n*-germ $\alpha = 0^{n-1}$
d such that each non-null *n*-germ $\alpha = a$, we as with rightmost nonzero entry $a_1 (1 \le i \le n)$ has as and such that each non-null *n*-germ $\alpha = a_{n-1} \cdots a_1$ with rightmost nonzero entry a_i (1 ≤ *i* < *n*) has as parent in \mathcal{T}_n the *n*-germ $\beta = b_{n-1} \cdots b_1$ such that $b_i = a_i - 1$ and $a_j = b_j$, for $j \neq i$.
To each non-null *n*-germ α corresponds its *tight RGS* or *irreducible RGS* ob

To each non-null *ⁿ*-germ α corresponds its *tight RGS*, or *irreducible RGS*, obtained by removing its largest null prefix. The ordered trees \mathcal{T}^k form a chain $\mathcal{T}^1 \subset \mathcal{T}^2 \subset \cdots \subset \mathcal{T}^n \subset \cdots$ etc. of ordered trees obtained by identifying each *n*-germ α with the $(n+1)$ -germ obtained from α by prefixing a zero to it. The limit $\cup_{i=1}^{\infty} \mathcal{T}^i$ of this chain, denoted \mathcal{T} , will be considered with each vertex *v* written as the tight RGS α associated to the *n*-germs α , 0α , 00α , ... that *v* represents, so we have

$$
V(\mathcal{T}^1) = \{0\}, V(\mathcal{T}^2) = \{0, 1\}, V(\mathcal{T}^2) = \{00, 01, 10, 11, 12\}, \text{ etc.},
$$

that, as subsets of $\mathcal T$, will be expressed as

$$
V(\mathcal{T}^1) = \{\emptyset\}, V(\mathcal{T}^2) = \{\emptyset, 1\}, V(\mathcal{T}^2) = \{\emptyset, 1, 10, 11, 12\}
$$
 etc.

The tree $\mathcal T$ is partially represented on the lower-right of Table [1](#page-2-0) by its subtree $\mathcal T^4$.

The castling procedure is realized by an inductively defined bijection *F* from the set of *n*-germs onto D_n . This yields a natural way of designating the participating necklaces.

We "personalize" each necklace of length $2n + 1$ by taking a representation $f_0 f_1 \cdots f_{2n}$ of it such that $f_0 = 0$ and $f_1 \cdots f_{2n} \in D_n$, and then applying the following procedure:

$$
g_0 := 0;
$$

\nbegin
\nfor $k = 1$ to 2k do
\nif $f_{k+1} = 0$ then $g_{k+1} = g_k + 1$ else $g_{k+1} = g_k - 1;$
\n $k := k + 1$
\nend. (1)
\n(1)

The procedure [\(1\)](#page-1-0) replaces each bit f_k of the necklace $f_0 f_1 \cdots f_{2n}$ with a corresponding integer g_k $(0 \le g_k \le n)$. We say that the resulting $(2n + 1)$ -tuple $g_0g_1 \cdots g_{2n}$ is the *neck*, more specifically the *n*-*neck*, associated to the necklace $f_0 f_1 \cdots f_{2n}$, (with the 2*n*-string $f_1 \cdots f_{2n}$ denoted as an *n*-*nest* in [\[10,](#page-19-9) [11\]](#page-20-0)). It happens that the necklace $f_0 f_1 \cdots f_{2n}$ has each bit f_k replaced by the height g_k it determines in its *Dyck path* [\[12,](#page-20-1) Subsection 3.2], so that each 0-bit is replaced either by the null height at the starting point of the Dyck path or the first appearance of each non-null height, and each 1-bit is replaced by the second appearance of that non-null height. See Remark [4](#page-5-0) and Figure [2,](#page-7-0) below. This "personalized" representation of the necklaces, that we call necks here, are shown as an example of Theorem [\[3,](#page-19-2) Theorem 2] on the left of Table [1,](#page-2-0) below, generating \mathcal{T}^4 via the procedure [\(1\)](#page-1-0), where each row, except the top one, shows an inductively obtained parent correspondence *F* : *n*germ^{*parent*} \mapsto *n*-neck^{*parent*} assigned to its child correspondence *F* : *n*-germ^{child} \mapsto *n*-neck^{child}.

In Table [1,](#page-2-0) from each parent *n*-germ to its child *n*-germ, the suffix in bold, shows a unit increase at the rightmost nonzero entry of the child's *n*-germ. Such suffix in bold has the same length as both the prefixes and suffixes in bold of both the parent neck and child neck. Both are to be kept unchanged, while a central-string castling takes place on the non-bold central strings. In fact, the one on the parent side is subdivided into a left Italic substring and a right Roman substring, while the other one, on the child side (i.e., inside *n*-neck*child*), permutes the order of the two substrings, justifying denoting this procedure as "castling", like in chess. The Roman substring of a central string starts at the first appearance of the integer $\ell + 1$ subsequent to the integer ℓ starting the Italic side.

The upper-right of Table [1](#page-2-0) represents how *n*-germs and *n*-necks fit for each index *n* into the case of the subsequent index $n + 1$, where each zero which is added as a prefix (between auxiliary parentheses) of an RGS results in the corresponding neck into an inserted substring (also between auxiliary parentheses) [\[10\]](#page-19-9). As a result, the ordered tree $\mathcal T$ of RGSs yields a bijection into an ordered tree $\mathcal T'$

covering all *tight* necks (namely, where all parenthesized substrings as mentioned above are eliminated).

This section is completed by providing some historical motivation and statement of the main results of $[1]$ as Theorems [1](#page-3-1) and [2.](#page-3-2) In the rest of the paper, we adapt the discourse of $[1]$ to our alternate form. In Section [2](#page-3-0) we provide additional information about the middle-levels graphs and necklace graphs. In Section [3,](#page-5-1) basic flip sequences are presented. In Section [4,](#page-6-0) periodic paths and gluing pairs are introduced. In Section [5,](#page-11-0) an initial attempt at proving theorem [1](#page-3-1) is given. In Sections [6](#page-14-0) and [8,](#page-18-0) sketches of the proofs of Theorems [1](#page-3-1) and [2](#page-3-2) are given, while Section [7](#page-15-0) provides information about involved efficient computations.

$\overline{0}$		\boldsymbol{F}		000		012344321			01(2(3(44)3)2)1
					\rightarrow		(0)(0)(0)	\longrightarrow	
1	000		012344321	001	\rightarrow	023443211	(0)(0)1	\longrightarrow	02(3(44)3)211
$\overline{2}$	000	\rightarrow	012344321	010	\rightarrow	013443221	(0)10	\longrightarrow	013(44)3221
3	010		013443221	011	\rightarrow	022134431	(0)11	\longrightarrow	02213(44)31
$\overline{4}$	011	\rightarrow	022134431	012	\rightarrow	034432211	(0)12	\rightarrow	03(44)32211
5	000	\rightarrow	012344321	100	\rightarrow	012443321			
6	100	\rightarrow	012443321	101	\rightarrow	024433211		$\mathscr{O}_{\downarrow\searrow}$	
7	100	\rightarrow	012443321	110	\rightarrow	013324421	1.	10 ₁	100 ₁
8	110	\rightarrow	013324421	111	\rightarrow	024421331		11_{\perp}	101. 110 \sim
9	111	\rightarrow	024421331	112	\rightarrow	033244211		12.	$111_1 120_1$
10	110	\rightarrow	013324421	120	\rightarrow	014433221			112.121 ₁
11	120	\rightarrow	014433221	121	\rightarrow	022144331			122 ₁
12	121	\rightarrow	022144331	122	\rightarrow	033221441			123.
13	122		033221441	123	\rightarrow	044332211			

Table 1. Castling for $n = 4$, Fitting Cases $n = 2, 3, 4$ and Ordered Subtree T^4 of T

Combinatorial generation

An expressed objective of $[1]$ is to generate all (k, ℓ) *-combinations*, i.e. all ways of choosing a subset *S* of a fixed size *k* from the set $[n] := \{1, \ldots, n\}$, with $n = k + \ell$. Each such subset *S* is encoded by a bitstring of length *n* with exactly *k* many 1's, where the *i*-th bit is 1 if and only if the element *i* is contained in *S* .

Buck and Wiedemann conjectured in [\[13\]](#page-20-2) that all $(n + 1, n + 1)$ -combinations are generated by *star transpositions*, for every $n \geq 1$, i.e. in each step the element 1 either enters or leaves the set. The corresponding *flip sequence* α records the position of the bit swapped with the first bit in each step, where positions are indexed in $[2n + 1]$ and α has length $N := \binom{2n+2}{n+1}$
was independently raised by Havel [14] and became known as the $n+1 \choose n+1}$. Buck-Wiedemann's conjecture
the *middle-levels conjecture*, name was independently raised by Havel [\[14\]](#page-20-3) and became known as the *middle-levels conjecture*, name coming from an equivalent formulation of the problem, which asks for a Hamilton cycle in the middle-levels graphs, recalled below in Section [2.](#page-3-0)

Knuth's conjecture

In [\[2,](#page-19-1) Problem 56, Section 7.2.1.3], Knuth conjectured that there is a star transposition that orders the $(n + 1, n + 1)$ -combinations, for every $n \ge 1$, such that the flip sequence α has a block structure $\alpha = (\alpha_0, \alpha_1, \dots, \alpha_{2n})$, where each block α_i has length $\frac{N}{2n+1} = \frac{1}{2n+1}$
by element vise addition of *i* mod $2n+1$, where *i* $\in [2n]$. As the $\frac{1}{2n+1} \binom{2(n+1)}{n+1}$ $\overline{a_{n+1}}^{(n+1)}$ and is obtained from α_0
nutries of α are from $\overline{a_{n+1}}$ by element-wise addition of *i* mod $2n + 1$, where $i \in [2n]$. As the entries of α are from $[2n + 1]$,

the numbers $1, \ldots, 2n + 1$ are chosen as addition residue-class representatives, rather than the usual
0. 2*n* Note that $\frac{N}{n} = 2C$, where $C = \frac{1}{2^n}$ is the n-th Catalan number. Then 111 proves the $0, \ldots, 2n$. Note that $\frac{N}{2n+1} = 2C_n$, where $C_n = \frac{1}{n+1}$ $rac{1}{n+1}$ $\binom{2n}{n}$ $\binom{2n}{n}$ is the n-th Catalan number. Then, [\[1\]](#page-19-0) proves the following.

Theorem 1. [\[1,](#page-19-0) Theorem 1] *For any* $n \geq 1$ *and* $1 \leq s \leq 2n$ *that is coprime to* $2n + 1$ *, there is a startransposition ordering of all* (*ⁿ* ⁺ ¹, *ⁿ* ⁺ 1)*-combinations such that the corresponding flip sequence is of the form* $\alpha = (\alpha_0, \alpha_1, \dots, \alpha_{2n})$ *with each block* α_i *obtained from* α_0 *by element-wise addition of i.s modulo* $2n + 1$ *, where* $i \in [2n]$ *.*

Remark 1. *By omitting the first entry of every* (*n*+1, *ⁿ*+1)*-combination, the* (*n*+1, *ⁿ*+1)*-combinations are transformed bijectively into the vertices of the middle-levels graphs Mn, so Theorem [1](#page-3-1) can be rephrased in terms of Hamilton cycles of Mn, each cycle formed as a concatenation of* 2*n* + 1 *copies of a periodic path representing a block as in the statement of the theorem, presented below in terms of the approach of* [\[3\]](#page-19-2)*, with lemmas and propositions leading to the proof of Theorem [1](#page-3-1) stated in parallel to those of* [\[1\]](#page-19-0)*.*

The proof of Theorem [1](#page-3-1) in [\[1\]](#page-19-0) is constructive and translates into an algorithm that generates all $(n+1, n+1)$ -combinations by star transpositions efficiently, stated in [\[1\]](#page-19-0) as follows.

Theorem 2. [\[1,](#page-19-0) Theorem 2] *There is an algorithm that computes for any* $n \geq 1$ *and* $1 \leq s \leq 2n$ *that is coprime to* ²*ⁿ* ⁺ ¹*, a star transposition ordering of all* (*ⁿ* ⁺ ¹, *ⁿ* ⁺ 1)*-combinations as in Theorem [1,](#page-3-1) with running time O*(*n*) *for each generated combination, using O*(*n*) *memory.*

Since \mathcal{T}^n is an ordered tree, then its vertex set $V(\mathcal{T}_n)$ inherits a natural linear order \mathcal{L}^n . Thus, we have a chain of linear orders $\mathcal{L}^1 \subset \mathcal{L}^2 \subset \cdots \subset \mathcal{L}^n \subset \cdots$ etc. The limit $\cup_{i=1}^{\infty} \mathcal{L}^i$ of such a chain, denoted $\mathcal L$ and consisting of tight RGSs, induces via the castling operation a linear order $\mathcal L'$ of the tight necks, offering an universal reference point of view [\[10\]](#page-19-9)– [\[11\]](#page-20-0) to express and integrate the periodic paths or blocks whose concatenation leads to Hamilton cycles resulting from Remark [1.](#page-3-3)

Question 1. *Can the Hamilton cycles obtained in the middle-levels graphs, or the periodic paths found for Knuth problem, according to Remark [1,](#page-3-3) be set in terms of the tight RGSs in the linear order* L*, or their numerical designations via the linear order* L′*?*

Question 2. *Is it possible to find a periodic path* P_n *in each* M_n *, for* $n > 1$ *, so that when considering the composing vertices of such paths as elements of V*(T ′) *it happens that Pⁿ is an initial subpath (prefix) of Pⁿ*+1*,* [∀]*ⁿ* > ¹*?*

 $1_{1}0$

1230*1*20*0*110211

$$
123_3012_2001_1000_2010_4011_1111_3110_4100_2120_4122_3112_4101_0121\\
$$

123440*123*30*012*20*001*10*000*20*010*40*011*10*111*30*110*40*100*20*120*40*122*30*112*40*101*00*121*² $0121_21121_51221_21232_01012_51123_01230_51233_11231_01201_11200_31000_51100_41110_51111_3$ $1111_31220_41122_51112_41101_51001_01011_51120_41222_51211_31210_01010_11212_21223$

2. Middle-levels Graphs and Necklace Graphs

Let $0 \lt n \in \mathbb{Z}$. Let A_n (resp. B_n) be the set of bitstrings of length $2n + 1$ and weight *n* (resp. *n* + 1). The middle-levels graph M_n can be set as the graph whose vertex set is $V(M_n) = A_n \cup B_n$ and whose adjacency is given by a single flip. The positions of the bitstrings in $V(M_n)$ are denoted

1, 2, ..., $2n + 1$ (mod $2n + 1$), where $2n + 1$ takes the place of additive identity 0. Let $\sigma^{i}(x)$ denote the cyclic right-rotation by *i* positions ([\[1\]](#page-19-0) uses left-rotation, while our approach here is compatible with the treatment of [\[3\]](#page-19-2)). The *necklace* $\langle x \rangle$ of *x* is defined to be $\{\sigma^i(x); i \ge 0\}$. For example, if $x = 11000 \le A$, then $\langle x \rangle = 111000 \cdot 01100 \cdot 00110 \cdot 00011 \cdot 100011$ $x = 11000 \in A_2$ then $\langle x \rangle = \{11000, 01100, 00110, 00011, 10001\}.$

Definition 2. Define the necklace graph N_n to have as vertex set all necklaces $\langle x \rangle$, $(x \in V(M_n))$, with *an edge between* $\langle x \rangle$ *and* $\langle y \rangle$ *if and only if x and y differ in a single bit.* N_n *is quotient graph of* M_n *under the equivalence relation given by cyclically rotating bitstrings. There may be, for each* ⟨*x*⟩*, two distinct bits in x that reach the same* ⟨*y*⟩*. But Nⁿ is to be considered as a simple graph, so in Nⁿ not all vertices have the same degree.* N_n *has less vertices than* M_n *by a factor of* $2n + 1$ *.*

Definition 3. To obtain a flip sequence for a Hamilton cycle in M_n , we say that a path $P = \{x_1, ..., x_k\}$ *in* M_n *is periodic if flipping a single bit in* x_k *yields a vertex* x_{k+1} *that satisfies* $\langle x_{k+1} \rangle = \langle x_1 \rangle$ *.*

Operations on sequences $x = (x_1, \ldots, x_n)$ of integers $x + a := (x_1 + a, \ldots, x_k + a)$, $(a \in \mathbb{Z})$ and $|x| =$ length of *x*; of bitstrings: $\langle x \rangle = (\langle x_1 \rangle, \dots, \langle x_k \rangle)$ and $\sigma^i(x) = (\sigma^i(x_1), \dots, \sigma^i(x_k))$.

Remark 2 (Rooted trees). *Di*ff*ering from* [\[1\]](#page-19-0)*, all rooted trees treated here have a specific right-toleft ordering for the children of each vertex. Every Dyck word* $x \in D_n$ *can be interpreted as one such rooted tree on n edges, as follows, adapting the viewpoint of* [\[1\]](#page-19-0) *to the setting of* [\[3\]](#page-19-2)*, where* ϵ *stands for the empty bitstring: If* $x = \epsilon$ *, then x is associated to the tree formed by an isolated root; else,* $x = u0v1$, where $u, v \in D$. The trees R, *L* corresponding to v, *u*, respectively, have the tree *corresponding to x with R rooted at the rightmost child of the root, and the edges from the root to all other children except that rightmost child, together with their subtrees, forming the tree L. This yields a bijection from Dⁿ onto the rooted trees with n edges.*

Remark 3. [*]Rooted-tree rotations] Given a rooted tree* $x \neq \epsilon$, let $\rho(x)$ denote the tree obtained by *rotating x to the left (in contrast to* [\[1\]](#page-19-0)*, that rotates it to the right), which corresponds to designating the rightmost child (not leftmost as in* [\[1\]](#page-19-0)*) of the root of x as the root of* $\rho(x)$ *. In terms of bitstrings, if* $x = u0v1$, with $u, v \in D$, then $\rho(x) = 0u1v$. See the left half of Figure [1,](#page-6-1) which resembles, but differs *reflectively from* [\[1,](#page-19-0) Figure 7]*.*

Definition 4. *A plane tree is a tree embedded in the plane with a specified clockwise cyclic ordering for the neighbors of each vertex, (not counterclockwise, shortened as ccw,* [\[1\]](#page-19-0)*).*

For $n \geq 1$, let PT_n be the set of all plane trees with *n* vertices. For any rooted tree *x*, let [*x*] denote the set of all rooted trees obtained from *x* by rotation (that is $[x] = {\rho^i(x)}$; $i \ge 0$), to be interpreted as the plane tree underlying *x*, obtained by "forgetting" the root.

Let $\lambda(x) = |[x]|$. For $T = [x] \in PT_n$, define $\lambda(T) = \lambda(x)$. Note that

$$
\lambda(x) = \min\{i \ge 1; \rho^i(x) = x\},\
$$

the choice of representative of [x] in defining $\lambda(T)$ being irrelevant, for $\lambda(T)$ is well defined. Examples for $\lambda = 4, 8, 2, 3$ $\lambda = 4, 8, 2, 3$ $\lambda = 4, 8, 2, 3$ are given in Figure 2, below, in the notation of [\[3\]](#page-19-2), meaning that each 0-bit (resp. 1-bit) is represented by the first (resp. second) appearance of each integer, counting appearances rotationally from the red 0 and in the direction indicated by ">" or by "<". See also Remark [4.](#page-5-0)

Subtrees

Let *T* ∈ *PT*_{*n*}. Let (a, b) ∈ *E*(*T*). Let *T*^(*a,b*) be *T* seen as a rooted tree with root *a* and rightmost 1*d b* (not leftmost as in [11). Let *T*^{(*a,b*)–} be obtained from *T*(*a,b*) by removing all its c child *b* (not leftmost as in [\[1\]](#page-19-0)). Let $T^{(a,b)}$ be obtained from $T^{(a,b)}$ by removing all its children and their subtrees except for *b* and its descendants. Given $a \in V(T)$, and all neighbors b_i of $a, (i \in [k])$, let the trees $t_i = T^{(a,b_i)_-}$ be called the *a-subtrees* of *T*. Then, $T = [(t_1, \ldots, t_k)]$, where (t_1, \ldots, t_k) is the

rooted tree obtained by gluing t_1, \ldots, t_k at their roots from right to left (in this order, reversed to that of $[1]$): In terms of bitstrings, (t_1, \ldots, t_k) is obtained by concatenating the bitstring representations of t_1, \ldots, t_k .

Centroids

Given a (rooted or plane) tree *T*, the *potential* $\phi(a)$ of a vertex *a* of *T* is the sum of the distances from *a* to *V*(*T*). The *potential* $\phi(T)$ of *T* is $\phi(T) = \min{\{\phi(a); a \in V(T)\}}$. A *centroid* of *T* is an *a* ∈ *V*(*T*) with $\phi(a) = \phi(T)$. Merino, Mička and Mütze [1]: (i) mention that a centroid of *T* is a vertex whose with $\phi(a) = \phi(T)$. Merino, Mička and Mütze [[1\]](#page-19-0): (i) mention that a centroid of T is a vertex whose removal splits T into subtrees with at most $\frac{|V(T)|}{2}$ vertices each; (ii) prove in [\[1,](#page-19-0) Lemma 3] that T has either one centroid or two adjacent centroids, and that if $|E(T)|$ is even, then *T* has just one centroid.

Lemma 1. [\[1,](#page-19-0) Lemma 4] *Let* $T \in PT_n$ *with* $n \geq 1$ *edges. Then,* $\lambda(T)|2n$. If T has a unique centroid, *then* $\lambda(T)$ *is even; else,* $\lambda(T) = 2n$ *if n is even, and* $\lambda(T) \in \{n, 2n\}$ *if n is odd. For* $n \ge 4$ *and any even divisor k of 2n, or for k = n, there is* $T \in PT_n$ *with* $\lambda(T) = k$.

Relation of middle levels to Dyck words

Our objective is to define as in [\[1\]](#page-19-0) basic flip sequences that visit every necklace exactly once in order to obtain a 2-factor (or cycle factor [\[1\]](#page-19-0)) in *Nn*, namely a collection of disjoint cycles that visits every vertex of *Nⁿ* exactly once.

Lemma 2. Let $n \geq 1$. For any $x \in A_n$, there is a unique integer $\ell = \ell(x)$ with $0 \leq \ell \leq 2n$ such that *the last* 2*n bits of* $\sigma^{\ell}(x)$ *form a Dyck word. For any* $y \in B_n$ *, there is a unique integer* $\ell = \ell(y)$ *with*
 $0 \le \ell \le 2n$ such that the first 2*n* bits of $\sigma^{\ell}(y)$ form a Dyck word. (Modified from [1] I emma 51 $0 \le \ell \le 2n$ such that the first $2n$ bits of $\sigma^{\ell}(y)$ form a Dyck word. (Modified from [\[1,](#page-19-0) Lemma 5] that refers in turn to [15, Problem 71) *refers in turn to* [\[15,](#page-20-4) Problem 7])*.*

Dyck words of *Aⁿ* in the notation of Lemma [2](#page-5-2)

 $\forall x \in A_n$, let $t(x) \in D_n$ denote the last 2*n* bits of $\sigma^{\ell}(x)$, where $\ell = \ell(x)$, i.e. $\sigma^{\ell}(x) = 0$ *t*(*x*), and $\in R$ let $t(x) \in D$ denote the first 2*n* bits of $\sigma^{\ell}(x)$, where $\ell = \ell(x)$ i.e. $\sigma^{\ell}(x) = t(x)1$. Then $\forall y \in B_n$, let $t(y) \in D_n$ denote the first 2*n* bits of $\sigma^{\ell}(y)$, where $\ell = \ell(y)$, i.e. $\sigma^{\ell}(y) = t(y)1$. Then,
by Lemma 2, every $x \in A$, (resp. $y \in B$) can be identified uniquely with the pair $(t(x), \ell(x))$ (resp. by Lemma [2,](#page-5-2) every $x \in A_n$ (resp. $y \in B_n$) can be identified uniquely with the pair $(t(x), t(x))$ (resp. $(t(y), \ell(y))$.

3. Basic Flip Sequences

A bijection *f* on $V(M_n)$ is introduced that yields a basic flip sequence visiting every necklace exactly once, however in a different fashion to that of [\[1\]](#page-19-0) but akin to the treatment of [\[3\]](#page-19-2).

Let $x \in A_n$ with $\ell(x) = 0$, i.e. $x = 0(u0v1) = 0t(x)$, where $u, v \in D$. Define $y := f(x) =$ $(0u1v)1 = \rho(t(x))1 \in B_n$, where $\ell(y) = 1$ and ρ is as in Remark [3.](#page-4-1) Furhter, define $f(y) = f(f(x)) =$ $(0u1v)0 = \rho(t(x))0 \in A_n$, where $\ell(f(y)) = 0$. Extend these definitions of f for all $x \in V(M_n)$ via $f(x) := \sigma^{-\ell}(f(\sigma^{\ell}))$, where $\ell := \ell(x)$. Then *f* is invertible and $t(f(f(x))) = t(f(x)) = \rho(t(x))$. In our plterate situation (differing from that of [1]) $f(x) = 1$, $f(f(x)) = 0$ and $f(f(f(x))) = 0$. Then, for all alternate situation (differing from that of [\[1\]](#page-19-0)), $\ell(x) = 1$, $\ell(f(x)) = 0$ and $\ell(f(f(x))) = 0$. Then, for all $x \in A_n$, $\ell(f(x)) = \ell(x) - 1$ and $\ell(f(f(x))) = \ell(x) - 1$.

Definition 5. For any $x \in V(M_n)$, let $\kappa(x) = \min\{i > 0; \langle f^i(x) \rangle = \langle x \rangle\}$, be the period of f at x, namely the number of times f must be applied before returning to the same necklace of x. For any $x \in V(M_n)$ *the number of times f must be applied before returning to the same necklace of x. For any* $x \in V(M_n)$ *, let* $P(x) := (x, f(x), f^2(x), \ldots, f^{k(x)-1}(x))$ *be the periodic path of f at x (Definition [3\)](#page-4-2) in* M_n *, namely a*
path of period $k(x)$. Therefore, $\langle P(x) \rangle$ is a cycle in N *path of period* $\kappa(x)$ *. Therefore,* $\langle P(x) \rangle$ *is a cycle in* N_n *.*

Remark 4. *Our definition of f (di*ff*ering from the f in* [\[1,](#page-19-0) display (6)]*) is illustrated in Figure [2,](#page-7-0) below, in the notation of* [\[3\]](#page-19-2)*, arising from the Dyck path associated to each vertex x of Mn, with 0, or* *the first (resp. second) appearance of each integer in* [*n* + 1]*, corresponding to a 0- (resp. 1-) bit in x*, where vertices $x \in A_n$ (resp. $x \in B_n$) are expressed as "> ... >" (resp. "< ... <"), to be read from *left to right (resp. right to left). The ordered trees for those vertices x are drawn to the right of each resulting periodic path in Figure [2.](#page-7-0)*

Figure 1. Ordered-tree Modifications

Lemma 3. [\[1,](#page-19-0) Lemma 6] *Let* $n \geq 1$ *and let* $x \in V(M_n)$ *. Then,*

1. $\forall y \in \langle x \rangle \text{ and } \forall 0 \le i \in \mathbb{Z}, \langle f^i(x) \rangle = \langle f^i(y) \rangle$ *. In particular,* $\kappa(y) = \kappa(x)$ *.*

2.
$$
\forall 0 \le i \in \mathbb{Z}, \langle f^i(x) \rangle = \langle f^{\kappa(x)+i}(x) \rangle.
$$

3. $\forall 0 \le i < j \le \kappa(x) \text{ in } \mathbb{Z}, \langle f^i(x) \rangle \neq \langle f^j(x) \rangle.$

4.
$$
\forall 0 \le i \in \mathbb{Z}, \kappa(f^i(x)) = \kappa(x).
$$

5. $\kappa(x) = 2\lambda(t(x))$ *, so* $\lambda(t(x))$ *is semi-period of f at x.*

4. Periodic Paths and Gluing Pairs

Cycle factor of *Nⁿ*

For any $y \in \langle x \rangle$ and any $0 \le i \in \mathbb{Z}$, we have $\kappa(f^i(y)) = \kappa(x)$, so $\langle P(x) \rangle = \langle P(f^i(y)) \rangle$. This yields a sector of *N* denoted $\mathcal{F} := \{ (P(x)) : x \in V(M) \}$ 2-factor of N_n , denoted $\mathcal{F} := \{ \langle P(x); x \in V(M_n) \}$.

Proposition 1. [\[1,](#page-19-0) Proposition 7] *For any n* \geq 2, \mathcal{F}_n *has the following properties:*

- *1. for every* $x \in V(M_n)$ *the* (2*i*)*-th vertex y after x on* $P(x)$ *satisfies* $t(y) = \rho^{i}(t(x))$ *<i>. Therefore, both* $P(x)$ and $\langle P(x) \rangle$ can be identified with $[t(x)]$ *P*(*x*) *and* $\langle P(x) \rangle$ *can be identified with* [*t*(*x*)].
- *2.* $|V(P(x))| = 2\lambda(t(x)) \ge 4$ *and* $\ell(f^{2i}(x)) = \ell(x) + i$, $\forall i = 0, ..., \lambda(t(x))$.
- *3. The cycles of* \mathcal{F}_n *are in bijective correspondence with the plane trees on n* + 1 *vertices.*

By Proposition [1](#page-6-2) item 3, the number of cycles of \mathcal{F}_n fits the sequence [\[9,](#page-19-8) [A002995\]](http://oeis.org/A002995). Also, [\[1\]](#page-19-0) mentions that the number of plane trees, or cycles of \mathcal{F}_n , grows exponentially.

Gluing pairs

Consider the *star* $s_n = O(01)^{n-1}1 \in D_n$ for $n \ge 3$ and the *footed-star* $s'_n = O(1s_{n-1}) \in D_n$ for $n \ge 4$. A *gluing pair* is a pair $(x, y) \neq (s_n, s'_n)$, with $x = u0v011$ and $y = u0v101$, where $u, v \in D$.

Pull/push operations

Let G_n be the set of all gluing pairs (x, y) , where $x, y \in D_n$. By seeing x, y as rooted trees, [\[1\]](#page-19-0) declares that *y* is obtained from *x* by a *pull* operation, and calls its inverse a *push* operation. In our treatment, the right half of our Figure [1](#page-6-1) resembles, but differs reflectively, from [\[1,](#page-19-0) Figure 9]. We write $y = \text{pull}(x)$ and $x = \text{push}(y)$, say that *x* is *pullable*, *y* is *pushable* and that *u* and *v* are the *left* and *right* subtrees of both *x* and *y*.

Figure 2. Examples of $\lambda = 4, 8, 2, 3$

Lemma 4. [\[1,](#page-19-0) Lemma 8] *Let* $(x, y) \in G_n$ *. If* x has a centroid in u, then u is also a centroid of y, so $\phi(y) = \phi(x) - 1$ *. If y has a centroid in v, then v is also a centroid of x, so* $\phi(y) = \phi(x) + 1$ *.*

Let $(x, y) \in G_n$. Let $x^i := f^i(0x)$ and $y^i := f^i(0y)$, for $i \ge 0$. The resulting sequences agree with first vertices of $P(x)$ and $P(y)$, respectively. In such notation, we notice the 6-cycle $C(x, y)$ = the first vertices of $P(x)$ and $P(y)$, respectively. In such notation, we notice the 6-cycle $C(x, y) =$ $(x^0, y^1, y^0, x^5, x^6, x^1)$, where:

$$
x^{0} = 0u0v011,\ny^{1} = 0u0v111,\ny^{0} = 0u0v101,\nx^{5} = 0u1v101,\nx^{6} = 0u1v001,\nx^{1} = 0u1v011.
$$
\n(2)

Then, *P(x)* and *P(y)* are glued together by removing the alternate edges (y^0, y^1) , (x^0, x^1) and (x^5, x^6)
via the symmetric difference between $C(x, y)$ and $P(x) \cup P(y)$ via the symmetric difference between $C(x, y)$ and $P(x) \cup P(y)$.

Lemma 5. [\[1,](#page-19-0) Lemma 9] $(x, y) \in G_n \Rightarrow (|P(x^0)| = \kappa(x^0) \ge 8$ *and* $|P(y^0)| = \kappa(y^0) \ge 4$ *).*

Figure 3. The ∇ Operation Illustrated

Modifying the proof of Lemma 9 in [\[1\]](#page-19-0), we get for our Lemma [5](#page-7-1) now that

 $\alpha(C(x, y)) = (|u| + |v| + 3, |u| + |v| + 4, |u| + 2, |u| + |v| + 3, |u| + |v| + 4, |u| + 2).$

On the other hand, if $(x, y) = (s_n, s'_n)$, then $\kappa(x^0) = 4$, so $\langle x^0 \rangle = \langle x^4 \rangle$, $\langle x^2 \rangle = \langle x^6 \rangle$, and Lemma [5](#page-7-1) does not hold.

Remark 5. By Lemma [5,](#page-7-1) $\sigma^{i}(C(x, y))$ shares $\sigma^{i}(x^{0}, x^{1})$ and $\sigma^{i}(x^{5}, x^{6})$ with $\sigma^{i}(P(x^{0}))$, and $\sigma^{i}(y^{0}, y^{1})$
with $\sigma^{i}(P(x^{0}))$. These edges are said to be the f, edges of the gluing ovale $\sigma^{i}(C(i, j))$. *with* $\sigma^{i}(P(y^{0}))$ *. These edges are said to be the f-edges of the gluing cycle* $\sigma^{i}(C(i, j))$ *.*

If $[x] \neq [y]$, then $\langle P(x) \rangle$ and $\langle P(y) \rangle$ are distinct cycles in N_n by Proposition [1,](#page-6-2) so we have that the *grafted path*

$$
P(x^0)\nabla P(y^0) := (x^0, y^1, y^2, \dots, y^{2\lambda(y)-1}, \sigma^{-\lambda(y)}(y^0, x^5, x^4, x^3, x^2, x^1, x^6, x^7, \dots, x^{2\lambda(x)-1}))
$$

is a periodic path in *Mn*.

The $2n + 1$ periodic paths $\sigma^i(P(x^0) \nabla P(y^0))$ form

 $∪_{i≥0}(σⁱ(P(x⁰)∇P(y⁰)))$, that visits all vertices of $∪_{i≥0} (σⁱ(P(x⁰) ∪ P(y⁰)))$.

Indeed, $|P(x^0)| = 2\lambda(x)$, $|P(y^0)| = 2\lambda(y)$ and $\sigma^{\lambda(i)}(y^{2\lambda(y)}) = y^0$, by Proposition [1,](#page-6-2) item 2. Then, $F(\lambda_0, \sigma^i(P(x^0), \nabla P(y^0)))$ is the symmetric difference of $E(\cup_{i\geq 0}(\sigma^i(P(x^0)\nabla P(y^0))))$ is the symmetric difference of

 $E(\cup_{i\geq 0}(\sigma^i(P(x^0)\cup P(y^0))))$ with the gluing cycles $\cup_{i\geq 0} \sigma^i(C(x, y))$.

Additional notation

For all $i \ge 0$, the subpath $\sigma^i(x^1, \ldots, \sigma^5)$ of $\sigma^i(P(x^0))$ is said to be *reversed* by $\sigma^i(C(x, y))$. Two glu-
cycles $\sigma^i(C(x, y))$ and $\sigma^j(C(x', y'))$ are compatible if they have no f-edges in common. They are ing cycles $\sigma^{i}(C(x, y))$ and $\sigma^{j}(C(x', y'))$ are *compatible* if they have no *f*-edges in common. They are *nested* if the edge $\sigma^{i}(C(x, y))$ of $\sigma^{i}(C(x, y))$ belongs to the path reversed by $\sigma^{j}(C(x', y'))$ (see Figure 4) *nested* if the edge $\sigma^i(y^0, y^1)$ of $\sigma^i(C(x, y))$ belongs to the path reversed by $\sigma^j(C(x', y'))$ (see Figure [4\)](#page-8-0).
They are *interleaved* if the *f*-edge $\sigma^j(x^{(0)}, x^{(1)})$ of $\sigma^j(C(x', y'))$ belongs to the path that is reversed by They are *interleaved* if the *f*-edge $\sigma^{j}(x^{0}, x^{1})$ of $\sigma^{j}(C(x', y'))$ belongs to the path that is reversed by $\sigma^{j}(C(i, j))$ $^i(C(i,j)).$

Proposition 2. [\[1,](#page-19-0) Proposition 10] *Let n* [≥] ⁴*. Let* (*x*, *^y*), (*^x* ′ *y* ′) ∈ *Gⁿ with* [*x*] , [*y*]*,* [*x* ′] , [*y* ′] *and* $\{ [x], [y] \} \neq \{ [x'], [y'] \}$. Then, $\forall 0 \leq i, j \in \mathbb{Z}$, $\sigma^i(C(x, y))$ and $\sigma^j(C(x', y'))$ are:

- *1. compatible;*
- 2. *interleaving* $\Leftrightarrow i = j + 2$ *and* $x' = \rho^2(x)$ *;*
- *3. nested* ⇔ $i = j - 1$ *and* $x' = \rho^{-1}(y)$ *.*

Figure 4. Two Nested 6-Cycles $C(x, y)$ and $C(x', y')$

Item 3 here can be interpreted as follows: Starting at the tree *x*, pull an edge *e* towards the root to reach the tree *y* =pull(*x*), then perform an inverse tree rotation $x' = \rho^{-1}(y)$ which makes *e* pullable, and pull it again to reach $y' = pull(x')$. Thus, nested gluing cycles occur if and only if the same edge of the underlying plane trees is pulled twice in succession.

Definition 6. *For n* \geq 4, let \mathcal{H}_n *be the directed arc-labeled multigraph with vertex set PT_n and such that for each* $(x, y) \in G_n$ *there is an arc labeled* (x, y) *from* $[x]$ *to* $[y]$ *.*

Some pairs of nodes in H_n may be connected by multiple arcs similarly oriented but with different labels, e.g. ([0011001101], [0101001101]) and ([0011010011], [0101010011]); oppositely oriented, e.g. ([00101011], [01001011]) and ([00110101], [01010101]). There may be also loops in \mathcal{H}_n , e.g. ([00101101], [01001101]).

Figure 5. Pullable and Pushable Trees

Remark 6. Let $\mathcal T$ be a simple subgraph of $\mathcal H_n$. Let $G(\mathcal T)$ be the set of all arc labels of $\mathcal T$. Since $\mathcal T$ is simple, then $[x] \neq [y]$, $[x'] \neq [y']$ and $\{[x], [y]\} \neq \{[x'], [y']\}$, for all $([x], [y]), ([x'], [u']) \in G(\mathcal{T})$.
We say that $G(\mathcal{T})$ is interlegging free or nesting free, respectively if there are no two gluing pairs *We say that G*(T) *is interleaving-free or nesting-free, respectively, if there are no two gluing pairs* $(x, y), (x', y') \in G(\mathcal{T})$ such that the gluing cycles $\sigma^i(C(x, y))$ and $\sigma^j(C(x', y'))$ are interleaved or nested
for any $i \geq 0$ *for any i,* $j \geq 0$ *.*

Lemma 6. [\[1,](#page-19-0) Lemma 11] *If for every* $(x, y) \in G(T)$ *the root of x is not a leaf, then* $G(T)$ *is interleaving-free.*

Pullable/pushable trees

Let *T* be a tree, let *a*, *c* ∈ *V*(*T*) and let *d*(*a*, *c*) be the distance between *a* and *c*. Let $p^i(a, c)$ be the vertex in the path from *a* to *c* (*i* = 0, 1, *d*(*a*, *c*)). In particular, $p^0(a, c) = 0$ and p *i*-th vertex in the path from *a* to *c*, $(i = 0, 1, ..., d(a, c))$. In particular, $p^0(a, c) = 0$ and $p^{d(a, c)}(a, c) = c$.
(See Figure 5) (See Figure [5\)](#page-9-0).

Let $c, a \in V(T)$, where *a* is a leaf of *T* and $d(a, c) \ge 2$. Then *a* is *pullable to c* if $p^1(a, c)$ has no
obbors between $p^2(a, c)$ and *a* in the clockwise ordering of peigbbors. (This and the next concents neighbors between $p^2(a, c)$ and *a* in the clockwise ordering of neighbors. (This and the next concepts differ from the conterclockwise stance in [11]. Also, *a* is nuchable to c if $n^1(a, c)$ has no paighbors differ from the couterclockwise stance in [\[1\]](#page-19-0)). Also, *a* is *pushable to c* if $p^1(a, c)$ has no neighbors between *a* and $p^2(a, c)$ in the clockwise ordering of paigbbors between *a* and $p^2(a, c)$ in the clockwise ordering of neighbors.
Let $d(a, c) \ge 1$ Then *a* is *pullable from c* if $d(a, c) \ge 2$

Let $d(a, c) \ge 1$. Then, *a* is *pullable from c* if $d(a, c) \ge 2$ and $p^1(a, c)$ has at least one neighbors were n²(*a*, *c*) and *a* in its clockwise ordering of neighbors or if *c* is not a leaf and $d(a, c) = 1$. Also, between $p^2(a, c)$ and *a* in its clockwise ordering of neighbors or if *c* is not a leaf and $d(a, c) = 1$. Also, *a* is *pushable from c* if $d(a, c) \ge 2$ and $p^1(a, c)$ has at least one neighbor between *a* and $p^2(a, c)$ in its clockwise ordering of neighbors or if *c* is not a leaf and $d(a, c) = 1$

clockwise ordering of neighbors or if c is not a leaf and $d(a, c) = 1$.

For odd $n \ge 5$, consider the *dumbbells* $d_n := (01)^{\frac{n-1}{2}}0(01)^{\frac{n-1}{2}}1$ and $d'_n := \rho^2(d_n) = 0.0001^{(n-1)/2}0(01)^{(n-3)/2}$. Each dumbbell has two centroi $010(01)^{(n-1)/2}0(01)^{(n-3)/2}$. Each dumbbell has two centroids of degree $\frac{n+1}{2}$, while all the remaining vertices are leaves.

If *T* has just one centroid *c*, every *c*-subtree of *T* is said to be *active*. If *T* has two centroids *c*, *c'*, \mathbf{r} , \mathbf{r} , \mathbf{r} and \mathbf{r} , \mathbf{r} , \mathbf{r} , \mathbf{r} , \mathbf{r} , \mathbf{r} , \mathbf{r} , every *c*-subtree except the one containing c' and every c' -subtree except the one containing c are also said to be *active*. For $n \geq 4$, if $T \neq [s_n]$ and $T \neq [d_n]$ for odd *n*, then *T* has a centroid with an active subtree that is not a single edge.

Lemma 7. [\[1,](#page-19-0) Lemma 12] *Let c be a centroid of a plane tree T, let a be a leaf of T that is pullable to c and that belongs to an active c-tree unless* $n \geq 5$ *is odd with* $T = d_n$ *. Then, the rooted tree* $x := x(T, c, a) = T^{(p^2(a,c), p^1(a,c))}$ is a pullable tree, the rooted tree y := pull(x) satisfies $\phi(y) = \phi(x) - 1$
and the leaf a is pushable from c in [y]. Moreover, the centroids of x and y are identical and contained *and the leaf a is pushable from c in* [*y*]*. Moreover, the centroids of x and y are identical and contained in the left subtrees of x and y, unless n* \geq 5 *is odd with x* = d_n *, in which case x has two centroids, namely the roots of its left and right subtrees, and the root of the left subtree is the unique centroid of y.*

Figure 6. Illustration of the Trees Q_0, \ldots, q_9 in Thick Trace. Remaining Edges in Path to Selected Centroid *C* in Thin/dashed Trace. Pull/push Operations Indicated in Non-Gray/black Colors and Numbers. The Spanning Tree \mathcal{T}_n Has Every Arc ([x], [y]) Labeled by a Gluing Pair (*x*, *^y*). The Rooted Trees *^x* and *^y* Are Obtained by Rooting the Plane Trees [*x*] and [*y*] as Indicated by the Short Arrows, Thus Showing the Splitting of the Cyclic Ordering of the Neighbors of Each Such Vertex to Get the Right-to-Left Ordering of the Children of the Corresponding Root. Moreover, the Short Arrow at an [*x*] Has a Thick Shaft and That of the Corresponding [*y*] a Thin Shaft. Every Arc and the Corresponding Two Short Arrows Are Marked by the Same Integer. the Underlined Trees q_1, \ldots, q_5 and q_7, q_8 Are Treated by Separate Rules in Step (T2)

A leaf of *T* is *thin* if its unique neighbor in *T* has degree \leq 2; otherwise, it is *thick*.

Lemma 8. [\[1,](#page-19-0) Lemma 13] *Let c be a centroid of a plane tree T, let a be a thick leaf of T that is pushable to c and that belongs to an active c-subtree unless* $n \geq 5$ *is odd with* $T = [d'_n]$ *. Then, the rooted tree y* := *y*[*T*, *c*, *a*] := *T*^{(*p*¹(*a,c*),*a*) is a pushable tree, the rooted tree *x* = push(*y*) *satisfies* $\phi(x) = \phi(y) - 1$ and the leaf *a* is pushable from *c* in [*y*]. Moreover, the centroid(*s}* $\phi(x) = \phi(y) - 1$, and the leaf a is pushable from c in [y]. Moreover, the centroid(s) of x, y (is) are *identical and contained in the right subtrees of x, y, unless* $n \geq 5$ *is odd with* $x = d_n$ *<i>, in which case x has two centroids, namely the roots of its left and right subtrees, and the leaf of its right subtree is the unique centroid of y.*

Definition 7. For $n \geq 4$, let \mathcal{T}_n be a subgraph of \mathcal{H}_n such that: (a) for every $T \in PT_n$ with $T \neq [s_n]$, *and* $T \neq [d_n]$ *if n is odd, there is a centroid c of* T with at least one active c-subtree C that is not *a single edge; the rightmost leaf of every such C is pullable to c; we fix one such leaf a;* (b) *If n is odd and T* = $[d_n]$ *, let c be one of its centroids with exactly one c-subtree C which is not a leaf, namely the tree* $s_{(n+1)/2}$ *; the rightmost leaf of C is pullable to c. In both cases, let* $x := x(T, c, a)$ *be the corresponding pullable rooted tree as defined in Lemma [7](#page-9-1) and define y* := *pull*(*x*)*, yielding the gluing pair* $(x, y) \in G_n$ *. We let* T_n *be the spanning subgraph of* H_n *given by the union of arcs* ([*x*], [y]) *labeled* (*x*, *^y*) *for all gluing pairs* (*x*, *^y*) *obtained this way. Ties between two centroids or multiple c-subtrees are broken arbitrarily. For any arc* (*T*, *^T* ′)*, T*′ *is an out-neighbor and T is an in-neighbor.*

Lemma 9. [\[1,](#page-19-0) Lemma 14] *For any n* ≥ 4 , \mathcal{T}_n *is a spanning tree of* \mathcal{H}_n *, and for every arc* (T, T') *in* \mathcal{H}_n *,* $\phi(T') = \phi(T) - 1$ *Every plane tree* $T \neq 0$ *s* l has exactly one neighbor T' in \mathcal $\phi(T') = \phi(T) - 1$. Every plane tree $T \neq [s_n]$ has exactly one neighbor T' in \mathcal{T}_n with $\phi(T') = \phi(T) - 1$
which is an out-neighbor-Eurthermore, $G(T)$ is interleaving-free. *which is an out-neighbor. Furthermore,* $G(\mathcal{T}_n)$ *is interleaving-free.*

Definition 8. *Consider a periodic path P* = (x_1, \ldots, x_k) *in M_n. An integer sequence* $\alpha = (a_1, \ldots, a_k)$ *is a flip sequence if* a_i *is the position at which* x_{i+1} *differs from* x_i *, for each* $i \in [k-1]$ *, and the vertex* x_{k+1} *obtained from* x_k *by flipping the bit at position* a_k *satisfies* $\langle x_{k+1} \rangle = \langle x_1 \rangle$ *. There is a unique integer* λ *mod* $2n + 1$ given by the relation $x_1 = \sigma^{\lambda}(x_{k+1})$. Let $\lambda(\alpha) = \lambda$ be said to be the shift of α .

5. Initial Attempt at Proving Theorem [1](#page-3-1)

Scaling trick

[\[1\]](#page-19-0) presents a *scaling trick* consisting in the construction of a flip sequence α_0 for one particular shift *s* coprime to $2n + 1$. From such a shift *s*, a transformation Υ yields every shift *s'* coprime to $2n + 1$, where Υ consists in multiplying all entries of α_0 by $s^{-1}s'$ mod $2n + 1$, with s^{-1} equal to the multiplicative inverse of s multiplicative inverse of *s*.

Define $rev(P) := (x_1, \sigma^{\lambda(\alpha)}(x_k, x_{k-1}, \dots, x_2))$ and $rev(\alpha) := (a_k, a_{k-1}, \dots, a_1) - \lambda(\alpha)$, with indices en mod $2n+1$. Note that $rev(\alpha)$ is a flip sequence for the periodic path $rev(P)$ satisfying $\lambda (rev(\alpha))$ – taken mod $2n+1$. Note that rev(α) is a flip sequence for the periodic path rev(*P*) satisfying λ (rev(α)) = $-\lambda(\alpha)$.

Define mov(*P*) := $(x_2, ..., x_k, \sigma^{-\lambda(\alpha)}(x_1))$ and mov(α) := $(a_2, ..., a_k, a_1 + \lambda(\alpha))$, this being a flip
wence for the periodic path mov(*P*) satisfying $\lambda(\text{mov}(\alpha)) = \lambda(\alpha)$ which means that the shift is sequence for the periodic path mov(*P*) satisfying λ (mov(α)) = λ (α), which means that the shift is independent of the choice of the starting vertex along the path. Similarly, $\alpha + i$ is a flip sequence for λ ^{*i*}(*P*) satisfying λ (α + *i*) = λ (α), \forall *i* ∈ Z.

For any $x \in V(M_n)$, let $\alpha(x)$ be the sequence of positions at which $f^{i+1}(x)$ differs from $f^i(x)$,
 $\alpha(x) = 0$ $y(x) = 1$ Clearly $\alpha(x)$ is a flip sequence for $P(x)$ (Definition 5). By Proposition 1 item 2 $\forall i = 0, \ldots, \kappa(x) - 1$ $\forall i = 0, \ldots, \kappa(x) - 1$. Clearly, $\alpha(x)$ is a flip sequence for $P(x)$ (Definition [5\)](#page-5-3). By Proposition 1 item 2, $\lambda(\alpha(x)) = \lambda(t(x)).$

For any subtree $\mathcal T$ of $\mathcal H_n$ with $G := G(\mathcal T)$ interleaving-free as in Remark [6,](#page-9-2) define the set of necklaces $N(\mathcal{T}) := \bigcup_{[x] \in \mathcal{T}} \langle P(0x) \rangle$. By Proposition [1](#page-6-2) item 1, this is the set of necklaces visited by those cycles $\langle P(0x) \rangle$ in N_n for which $[x] \in \mathcal{T}$.

For any $z \in N(\mathcal{T})$ and any $x \in z$, there is a pair $\mathcal{P}_G(X) = \{P, P'\}$ of two periodic paths *P* and *P'*, both
ring at $x \in V(M)$ with flip sequences $g(P)$ and $g(P')$ such that $P' = \text{rev}(P)$ and $g(P') = \text{rev}(g(P))$ starting at $x \in V(M_n)$ with flip sequences $\alpha(P)$ and $\alpha(P')$ such that $P' = rev(P)$ and $\alpha(P') = rev(\alpha(P))$.

Figure 7. Illustration of the Spanning Trees \mathcal{T}_4 , \mathcal{T}_5 , \mathcal{T}_6 . The Subgraphs $\mathcal{S}_1, \mathcal{S}_2 \subseteq \mathcal{T}_n$ with all Plane Trees that have One and Two Centroids, Respectively, are Highlighted. Centroid(s) are Marked Red and Black, with each Red Centroid as Selected in Step (T1). Plane Trees Are Arranged in Levels According to Their Potential, Which is Shown on the Left Side. the Arrow Markings Are as in Figure [6](#page-10-0)

Moreover, $\langle P \rangle$ and $\langle P' \rangle$ are oppositely oriented in the subgraph of N_n whose vertex set is $N(\mathcal{T})$.

The node set of \mathcal{T}_n is PT_n . By Lemma [9,](#page-11-1) $G(\mathcal{T}_n)$ is interleaving-free. Fix $x_1 := 0^{n+1}1^n \in V(M_n)$. The pair $\mathcal{P}_{G(T_n)}(x_1)$ contains a periodic path *P* with starting vertex x_1 and second vertex $f(x_1)$ in M_n such that $\langle P \rangle$ has vertex set $N(\mathcal{T}_n) = \bigcup_{[x] \in PT_n} \langle P(0x) \rangle = \{ \langle x \rangle | x \in V(M_n) \}$, i.e. $\langle P \rangle$ is Hamilton cycle in N_n . The corresponding flip sequence $\alpha(P)$ has a shift

$$
\lambda(\alpha(P)) = \sum_{T \in PT_n} \gamma_T \cdot \lambda(T),\tag{3}
$$

for numbers $\gamma_T \in \{1, -1\}$ that are determined by which gluing cycles encoded by \mathcal{T}_n are nested.

With $s := \lambda(\alpha(P))$, define $\alpha_0 := \alpha(P)$ and $\alpha_i := \alpha_0 + i.s$, for $i \in [2n]$. If we apply the entire flip
we say α_i and α_i is not *i*th and the vertex $\sigma^{i,s}(x_i)$ is reached after applying all flips in sequence $(\alpha_0, \alpha_1, \ldots, \alpha_{2n})$ to x_1 in M_n , then the vertex $\sigma^{i.s}(x_1)$ is reached after applying all flips in $(\alpha_0, \alpha_1, \ldots, \alpha_{2n})$ is $\sigma^{i.s}$ $(2n+1)$ if s and $2n+1$ are continued then x_0 is reached only $(\alpha_0, \alpha_1, \ldots, \alpha_{i-1}), \forall i \in [2n+1]$. If *s* and $2n+1$ are coprime, then x_1 is reached only after applying the entire flip sequence. Since α_0 is the flip sequence of the Hamilton cycle $\langle P \rangle$ in N_n , the resulting sequence of bitstrings is a Hamilton cycle in M_n . However, this approach requires that $s = \lambda(\alpha(P))$ and $2n + 1$ be coprime. A technique is needed to modify $\alpha(P)$ into another flip sequence α' such that $s' := \lambda(\alpha')$ is coprime to $2n + 1$ $s' := \lambda(\alpha')$ is coprime to $2n + 1$.

Switches and their shifts

Let $p(x, y)$ indicate a pair $x, y \in V(M_n)$ that differ in just one position. A triple of vertices $\tau =$ (x, y, y') , where $x \in A_n$, $\{y, y'\} \subseteq B_n$ and $y \neq y'$, is a *switch* if *x* differs from *y*, (resp. *y'*) in a single bit and $\langle y \rangle = \langle y' \rangle$. In *N* a switch may be considered as a multiedge $(\langle x \rangle \langle y \rangle) = (\langle x \rangle \langle y' \rangle)$ single bit, and $\langle y \rangle = \langle y' \rangle$. In N_n , a switch may be considered as a multiedge $(\langle x \rangle, \langle y \rangle) = (\langle x \rangle, \langle y' \rangle)$.
The shift of a switch $\tau = (x, y, y')$ denoted $\lambda(\tau)$ is the integer i such that $y = \sigma^{i}(y')$. Denote a The *shift* of a switch $\tau = (x, y, y')$, denoted $\lambda(\tau)$, is the integer *i* such that $y = \sigma^{i}(y')$. Denote a switch $\tau = (x, y, y')$ compactly by writing *x* with the 0-bit at position $p(x, y)$ underlined and the 0-bit switch $\tau = (x, y, y')$ compactly by writing *x* with the 0-bit at position $p(x, y)$ underlined and the 0-bit at position $p(x, y')$ overlined. This way, we write $\tau = (0000111, 1000111, 0001111) = 0000111$ at position $p(x, y')$ overlined. This way, we write $\tau = (0000111, 1000111, 0001111) = 0.000111$.
For any switch $\tau = (x, y, y')$ the inverted switch $\tau^{-1} = (x, y', y)$ has shift $\lambda(\tau^{-1}) = -\lambda(\tau)$. Clearly For any switch $\tau = (x, y, y')$, the inverted switch $\tau^{-1} = (x, y', y)$ has shift $\lambda(\tau^{-1}) = -\lambda(\tau)$. Clearly, excluded the same shift. Also, reversing a switch vialded cyclically rotating a switch yields another switch with the same shift. Also, reversing a switch yields

another switch with the negated shift. For example, $\sigma(\tau) = 1100001$ has shift 1 while its reversed switch 1000011 has shift −1.

Consider a flip sequence $\alpha = (a_1, \ldots, a_k)$ with shift $\lambda(\alpha)$ for a periodic path $P = (x_1, \ldots, x_k)$ and let x_{k+1} be the vertex obtained from x_k by flipping the bit at position a_k . If $(x_i, x_{i+1}) = (x, y)$ for some $i \in [k]$ then the modified flip sequence $i \in [k]$, then the modified flip sequence

$$
\alpha' = (a_1, \dots, a_{i-1}, p(x, y'), a_{i+1} + \lambda(\tau), \dots, a_k + \lambda(\tau))
$$
\n(4)

yields a periodic path $P' = (x_1')$ x'_1, \ldots, x'_k k) that visits necklaces in the same order as does *P*, i.e. $\langle x_i \rangle =$ $\langle x_i' \rangle$ ^{*i*}</sup>
^{*i*}
^{*i*}
(*x*), for *i* ∈ [*a_{<i>k*}], and $λ(α') = λ(α) + λ(τ)$. The situation where $(x_i, x_{i+1}) = (x, y')$ is symmetric and posiders the inverted switch $τ⁻¹$ with $λ(τ⁻¹) = −λ(τ)$. considers the inverted switch τ^{-1} , with $\lambda(\tau^{-1}) = -\lambda(\tau)$.
Similarly, if $(x, x_0) = (x', x)$ for some $i \in [k]$, then

Similarly, if $(x_i, x_{i+1}) = (y', x)$ for some $i \in [k]$, then the modified sequence

$$
\alpha' := (a_1, \dots, a_{i-1}, p(x, y) + \lambda(\tau), a_{i+1} + \lambda(\tau), \dots, a_k + \lambda(\tau))
$$
\n⁽⁵⁾

produces a periodic path $P' = (x_1')$ x'_1, \ldots, x'_k
 y'_2, \ldots, y'_k *k*) that visits necklaces in the same order as *P*, and λ (α') = $\lambda(\alpha) + \lambda(\tau)$. The situation $(x_i, x_{i+1}) = (y, x)$ is symmetric and goes to the inverted switch τ^{-1} , with $\lambda(\tau^{-1}) = -\lambda(\tau)$ $\lambda(\tau^{-1}) = -\lambda(\tau).$
In particular

In particular, if $\langle P \rangle$ is a Hamilton cycle in N_n , then $\langle P' \rangle$ is also a Hamilton cycle in N_n with shift $\lambda(\alpha') = \lambda(\alpha) + \lambda(\tau).$

Construction of switches out of $\tau_{n,1} = \underline{0}0^{n-1}\overline{0}1^n$ **, with** $\lambda(\tau) = 1$

For any integers $n \geq 1$, $d \geq 1$ and $1 \leq s \leq d$, make the (s, d) -*orbit* to be the maximal prefix of the sequence $s + id$, $i \ge 0$, modulo $2n + 1$, in which all the numbers are distinct. Then, the number of distinct (s, d) -orbits for fixed *d* and $s \ge 1$ is $n_d := \gcd(2n + 1, d)$, and the length of each orbit is $\ell_d := \frac{2n+1}{n_d}$
the (1.6) $\frac{n+1}{n_d}$, where both *n_d* and ℓ_d are odd. For example, let *n* = 10 and *d* = 6, so *n_d* = 3, ℓ_d = 7 and $\frac{n}{d}$, $\frac{n}{d}$ = 7 and $\frac{n}{d}$, $\frac{n}{d}$ = 7 and $\frac{n}{d}$ the (1, 6)-orbit is (1, ⁷, ¹³, ¹⁹, ⁴, ¹⁰, 16), the (2, 6)-orbit is (2, ⁸, ¹⁴, ²⁰, ⁵, ¹¹, 17) and the (3, 6)-orbit is $(3, 9, 15, 21, 6, 12, 18).$

For any integer d ($2 \le d \le n$) that is coprime to $2n + 1$, let $\tau_{n,d}$ denote the sequence whose entries at the positions given by the (1, *d*)-orbit equal $\tau_{n,1} = \underline{0}0^{n-1}\overline{0}1^n$, including the overlined and underlined entries entries.

For any $n \geq 1$, let Z_n be the set of bitstrings of length 2*n* and weight *n*. For any integers *d* $(3 \le d \le n)$ not coprime to $2n + 1$, select an arbitrary bitstring $z = (z_2, \ldots, z_{n_d}) \in Z_{(n_d-1)/2}$. Let $\tau_{n,d,z}$ be the sequence: (a) whose entries at the positions given by the (1 *d*) orbit form the sequence $\tau_{n,d,z}$ the sequence: (a) whose entries at the positions given by the (1, *d*)-orbit form the sequence $\tau_{(\ell_{d}-1)/2,1}$, including the underlined and overlined entries, and (b) for $j = 2, \ldots, n_d$, all entries at the positions given by the (j, d) -orbit form the sequence z_j . Then, the number of choices for *z* in such a construction $\sum_{i=1}^{n_d-1}$ **is** $\binom{n_d-1}{n-1}$ (*nd*−1)/² .

Lemma 10. [\[1,](#page-19-0) Lemma 15] Let $n \geq 1$ *. For any integer d* $(1 \leq d \leq n)$ coprime to $2n + 1$ *, the sequence* $\tau_{n,d}$ *is a switch with* $\lambda(\tau_{n,d}) = d$. For any integer $3 \leq d \leq n$ not coprime to $2n + 1$ and any bitstring $z \in Z_{(n_d-1)/2}$, the sequence $\tau_{d,n,z}$ is a switch with $\lambda(\tau_{d,n,z}) = d$.

Interactions

Given a flip bijection *f* of $V(M_n)$ as in Section [3,](#page-5-1) a switch $\tau = \tau(x, y, y')$ is said to be *f*-conformal
ither $y = f(x)$ or $x = f(y')$; in such cases $f(x)$ or (y', x) respectively is said to be the *f* edge of τ . if either $y = f(x)$ or $x = f(y')$; in such cases, (x, y) or (y', x) , respectively, is said to be the *f*-edge of τ .
We say that τ is f^{-1} conformal if τ^{-1} is conformal and we refer to the *f*-edge of τ^{-1} also as We say that τ is f^{-1} -*conformal* if τ^{-1} is conformal and we refer to the *f*-edge of τ^{-1} also as an *f*-edge
of τ . That a switch is *f* conformal means that its *f* edge belongs to a periodic path, as in of τ. That a switch is *^f*-conformal means that its *^f*-edge belongs to a periodic path, as in Definition [5.](#page-5-3)

Given a subset $G \subseteq G_n$, an *f*-conformal or f^{-1} -conformal switch τ is *usable with respect to G* if ϵ overy $(x', y') \in G$ and all $i > 0$, the three f -edges of $\sigma^{i}(C(x', y'))$ in Remark 5 are distinct from the for every $(x', y') \in G$ and all $i \ge 0$, the three *f*-edges of $\sigma^i(C(x', y'))$ in Remark [5](#page-7-2) are distinct from the *f*-edges of τ . Those three *f*-edges are removed when joining periodic paths *^f*-edges of τ. Those three *^f*-edges are removed when joining periodic paths.

Lemma 11. [\[1,](#page-19-0) Lemma 16] *Let* $\tau = (x, y, y')$ *be an f*⁻¹-conformal switch with f-edge (y, x) for which $f(x) = 00$. Then τ is usable with respect to any subset $G \subseteq G$. $t(x) = 00...$ *Then* τ *is usable with respect to any subset* $G \subseteq G_n$.

Lemma 12. [\[1,](#page-19-0) Lemma 17] *Let* $n \ge 4$ *. The switch* $\tau_{n,1} =: (x, y, y') = 0$ 0^{n-1} 0 1^n *, where* $x \in A_n$ *and* $y \in B_n$ *differ in the first bit, has f-edge* (*y, r) and is f*⁻¹-conformal. The switch $\tau_{n,2} =: \overline{0$ *y* ∈ *B_n differ in the first bit, has f-edge* (*y, x*) *and is f*⁻¹-conformal. The switch $\tau_{n,2} =: \overline{0}0(01)^{n-1} =$
(*x x y'*) = $\overline{0}01(01)^{n-1}$ where *x* ⊆ *A*, and y' ⊆ *B*, differ in the first bit, has f $f(x, y, y') = 0$ $\overline{0}$ $\frac{1}{0}$ $(01)^{n-1}$, where $x \in A_n$ and $y' \in B_n$ differ in the first bit, has *f*-edge (y', x) and is
f conformal. Both switches are usable with respect to any subset *G* ⊆ *G f*-conformal. Both switches are usable with respect to any subset $G \subseteq G_n$.

Lemma 13. [\[1,](#page-19-0) Lemma 18] *Let* $n \ge 11$ *and let* $3 \le c, d \in \mathbb{Z}$ *be such that* $c.d = 2n + 1$ *. The switch* $\tau_{n,d,z} =: (x, y, y') = z \underline{0}(z \underline{0})^{(c-3)/2} z \overline{0}(z \underline{1})^{(c-1)/2}$, where $z := \underline{0}^{(d-1)/2} \underline{1}^{(d-1)/2} \in Z_{(d-1)/2}$ has f -edge (y, x) and is f^{-1} -conformal and usable with respect to $G(T)$ \int *is* f^{-1} -conformal and usable with respect to $G(\mathcal{T}_n)$.

Number theory

Let *n* ≥ 1. Let $\mathcal{P}(n)$ be the set of prime factors of *n*. For any $s \in \{0, 1, ..., n-1\}$, define $\mathcal{P}(n, s) := \mathcal{P}(n) \setminus \mathcal{P}(s)$, if $s > 0$, and $\mathcal{P}(n, 0) := \emptyset$.

Lemma 14. [\[1,](#page-19-0) Lemma 19] *Let* $n \ge 1$ *be such that* $2n + 1$ *is not a prime power. Let* $s \in \{0, \ldots, n-1\}$ *be not coprime to* $2n + 1$ *. If* $\mathcal{P}(2n + 1, s) \neq \emptyset$ *, then both numbers s* + *d and s* − *d, where d* := $\Pi\{p \in \emptyset\}$ $P(2n + 1, s)$, are coprime to $2n + 1$. If $P(2n + 1, s) = 0$, then $P(2n + 1, s + d) = P(2n + 1, s - d) =$ $P(2n + 1)$) \ $\{d\} \neq \emptyset$, for any $d \in P(2n + 1)$.

Lemma 15. [\[1,](#page-19-0) Lemma 20] Let *n* be an integer such that $4 \le n \le 10$ and let $s \in \{0, \ldots, 2n\}$ be *not coprime to* $2n + 1$ *. Then, both numbers in at least one of the pairs* $\{s - 1, s + 1\}$ *,* $(s - 2, s + 2)$ *,* {*^s* [−] ¹, *^s* ⁺ ²}*,* {*^s* ⁺ ¹, *^s* [−] ²} *are coprime to* ²*ⁿ* ⁺ ¹*.*

6. Sketch of Proof of Theorem [1](#page-3-1)

Proof. Theorem [1](#page-3-1) is established via the *scaling trick* (Section [5\)](#page-11-0) for each $n \ge 1$ and any value of *s* coprime to 2*n* + 1. For *n* = 1, via flip sequence α := 32 starting at $x_1 = 001$ and yielding shift $s = -1$; for $n = 2$, via flip sequence $\alpha = 1531$ starting at 00011 and yielding shift $s = 1$; for $k = 3$, via flip sequence 2635426753 starting at 0000111 and yielding *s* = −1.

Assume $n \geq 4$. Consider the spanning tree $\mathcal{T}_n \subseteq \mathcal{H}_n$ (Definition [7\)](#page-11-2). In Section [5,](#page-11-0) a periodic path *P* is defined with starting vertex $x_1 = 0^{n+1}1^n$ and second vertex $f(x_1)$ in M_n such that $\langle P \rangle$ is a Hamilton cycle in N_n and the shift of the corresponding flip sequence $\alpha(P)$ is given by [\(3\)](#page-12-0). Denote this shift by $s := \lambda(\alpha(P))$. If *s* is coprime to $2n + 1$, we are done. Let us consider the case *s* not coprime to $2n + 1$.

If $4 \le n \le 10$, consider the switches $\tau_{n,1}$ and $\tau_{n,2}$, which are f^{-1} - and f -conformal, respectively,
the usable with respect to $G(T)$ by Lemma 12. By Lemma 10, their shifts are $\lambda(\tau_{n}) = 1$ and both usable with respect to $G(\mathcal{T}_n)$ by Lemma [12.](#page-14-1) By Lemma [10,](#page-13-0) their shifts are $\lambda(\tau_{n,1}) = 1$ and $\lambda(\tau_{n,2}) = 2$, respectively. Consequently, by modifying the flip sequence $\alpha(P)$ to become like α' in [\(4\)](#page-13-1) via one of the two or both switches we obtain a flip sequence α' with shift via one of the two, or both, switches, we obtain a flip sequence α' with shift

$$
s' := \lambda(\alpha') = s + \chi_1 \cdot \gamma_1 + \chi_2 \cdot \gamma_2 \cdot 2,\tag{6}
$$

for certain signs $\gamma_1, \gamma_2 \in \{1, -1\}$ and with indicators $\chi_1, \chi_2 \in \{0, 1\}$ that are nonzero if the corresponding switches are employed.

If $n \geq 11$, we distinguish 3 cases: If $2n + 1$ is prime power, then *s* is also power of the same prime. Apply the switch $\tau_{n,1}$ as above, modifying $\alpha(P)$ so that the resulting flip sequence α' has shift

$$
s' := \lambda(\alpha') + \gamma_1 \cdot 1,\tag{7}
$$

for some $\gamma_1 \in \{-1, 1\}$, with $s' = s \pm 1$ coprime to $2n + 1$.
If $2n + 1$ is not a prime power and $\mathcal{P}(2n + 1, s) \neq 0$

If $2n + 1$ is not a prime power and $P(2n + 1, s) \neq \emptyset$, we define $d := \Pi\{p \in P(2n + 1, s)\}\$ and $c := \frac{2n+1}{d}$ d_d , and consider the switch $\tau_{n,d,z}$ from Lemma [13,](#page-14-2) modifying the flip sequence $\alpha(P)$ so that the resulting α' has shift

$$
s' := \lambda(\alpha') = s + \gamma_d.d.
$$
 (8)

If $2n + 1$ is not a prime power and $P(2n + 1, s) = \emptyset$, then we pick some $d \in P(2n + 1)$, define $c = \frac{2n+1}{d}$ $\frac{d+1}{d}$ and apply switch $\tau_{n,d,z}$, yielding a flip sequence α' with shift *s'* given as above, which satisfies $P(2n+1, z) \neq \emptyset$ by the last sentence of Lemma [14.](#page-14-3) We then modify the flip sequence a second time as in the previous case, and the switch used is distinct from the first one, as $d' := \Pi\{p \in \mathcal{P}(2n+1, s \pm d)\}\$
 $\Pi\{p \in \mathcal{P}(2n+1) \setminus \{d\} \}$ clearly satisfies $d' \neq d$ $\Pi\{p \in \mathcal{P}(2n+1) \setminus \{d\}\}\)$ clearly satisfies $d' \neq d$. $\prime \neq d.$

The switches $\tau_{n,1}$ and $\tau_{n,2}$ are not sufficient alone for the proof of Theorem [1,](#page-3-1) starting with $n = 52$ and $2n + 1 = 105 = 357$ and $s = 5$, for which none of the three numbers $s - 2 = 3$, $s + 1 = 6$ and $s + 2 = 7$ is coprime to $2n + 1$, so Lemma [15](#page-14-4) cannot be applied and it is necessary to use switches τ*ⁿ*,*s*,*^z* .

Remark 7. If we knew that $G(\mathcal{T}_n)$ is not only interleaving-free, but also nesting-free, then this would *guarantee that all signs* ^γ*^T in [\(3\)](#page-12-0) are positive, yielding*

$$
s = \lambda(\alpha(P)) = \sum_{T \in \mathcal{T}_m} \lambda(T) = C_n.
$$
\n(9)

Following [\[1\]](#page-19-0) *with the stance of* [\[3\]](#page-19-2), we define now another spanning tree \mathcal{T}_n of \mathcal{H}_n such that $G(\mathcal{T}_n)$ *is both interleaving-free and nesting-free.*

7. Efficient Computation: Redefinition of \mathcal{T}_n

In [\[1\]](#page-19-0), ten rooted trees are distinguished, that in our alternate viewpoint are expressed as:

 $q_0 := 01,$ $q_1 := 0011,$ $q_2 := 001011,$ $q_3 := 00100111,$
 $q_4 := 0010010111,$ $q_5 := 0010100111,$ $q_6 := 000110011$ $q_4 := 00101011,$ $q_5 := 0010010111,$ $q_6 := 0010101011,$ $q_7 := 0001100111,$ $q_8 := 00011010111$ $q_8 := 00011010111$, $q_9 := 0010101011$. (10)

For $n \geq 4$, let \mathcal{T}_n be a subgraph of \mathcal{H}_n given as follows: For each plane tree $T \in PT_n$ with $T \neq [s_n]$, consider a gluing pair $(x, y) \in G_n$ with either $T = [x]$ or $T = [y]$. Let \mathcal{T}_n be the spanning subgraph of \mathcal{H}_n given by the union of the arcs ([x], [y]), labeled (x, y) , for all gluing pairs (x, y) obtained this way. The definition of the gluing pair (x, y) for a given plane tree $T \neq [s_n]$ proceeds as in the following three steps (T1)-(T3), unless *n* is odd and $T = [d_n]$, in which case the special rule (D) is applied.

(D) Dumbbell rule

If *n* is odd and $T = [d_n]$, let *c* be one of the centroids of *T* having exactly one *c*-subtree that is not a single edge, namely the subtree $s_{(n+1)/2}$. Its leftmost leaf *a* is thick and pushable to *c* in *T*, so we define $y := y(T, c, a) = d'_n$ and $x := push(y)$, as in Lemma [8.](#page-11-3)

(T1) Fix the centroid and subtree ordering

If *T* has two centroids, we let *c* be a centroid of *T* whose active *c*-subtrees are not all single edges. If this is true for both centroids, we let *c* be the one for which its clockwise-ordered active *c*-subtrees t_1, \ldots, t_k give the lexicographically minimal string (t_1, \ldots, t_k) , with t_1 as the first *c*-subtree found after the *c*-subtree containing the other centroid.

If *T* has a unique centroid, we denote it by *c* and consider all *c*-subtrees of *T*, denoting them t_1, \ldots, t_k , i.e. $T = [(t_1, \ldots, t_k)]$ such that among all possible clockwise orderings around *c*, the string (t_1, \ldots, t_k) is lexicographically minimal (t_1, \ldots, t_k) is lexicographically minimal.

(T2) Select *c*-subtree of *T*

If *T* has two centroids, we let $t_{i'}$ be the first of the trees t_1, \ldots, t_k that differs from q_0 , in display [\(10\)](#page-15-1).

If *T* has a unique centroid, then for each of the following conditions (i)-(iv), we consider all trees t_i ($i \in [k]$) and determine the first subtree t_i satisfying the condition, i.e. only check one of these conditions once all trees failed all previous conditions:

- (i) $t_i = q_1$ and $t_{i-1} = q_0$;
- (ii) $t_i \in \{q_2, q_4\}$ and $t_{i+1} \in \{q_0, q_1, q_2\};$
- (iii) $t_i \notin \{q_0, q_1, q_2, q_4\};$
- (iv) $t_i \neq q_0$.

Conditions (i) and (ii) refer to the previous tree t_{i-1} and the next tree t_{i+1} in the clockwise ordering of *c*-subtrees, and those indices are considered modulo *k*. Note that $T \neq [s_n]$. Thus, at least one *c*-subtree is not q_0 and satisfies condition (iv), so this rule to determine t_i is well defined. Let $t_{i'}$ be the *c*-subtree determined in this way. Clearly, $t_{i'}$ has at least two edges.

(T3) Select a leaf to push/pull

If $t_{i'} = 0^l q_j 1^l$, for some $l \ge 0$ and $j \in \{1, ..., 8\}$, i.e. $t_{i'}$ is a path with one of the trees q_j attached to Then four cases are distinguished: it. Then, four cases are distinguished:

- (q137) If $j \in \{1, 3, 7\}$, let *a* be the rightmost leaf of $t_{i'}$, which is thin, and define $x := x(T, c, a)$ and $y := \text{null}(x)$ as in Lamma 7. Clarrly $(i 1) \rightarrow (y 0^{l-1}a, 1^{l-1}$ if $l > 0$ and $y = a^2$ if $l = 0$) *y* := pull(*x*), as in Lemma [7.](#page-9-1) Clearly, $(j = 1) \Rightarrow (y = 0^{l-1}q_21^{l-1}$, if $l > 0$, and $y = q_0^2$
also $(i = 3) \Rightarrow (y = 0^l q_1 1^l)$; and $(i = 7) \Rightarrow (t = 0^l q_2 1^l)$ j_0^2 , if $l = 0$); also, $(j = 3) \Rightarrow (y = 0^l q_4 1^l)$; and $(j = 7) \Rightarrow (t = 0^l q_8 1^l)$.
- (q24) If $j \in \{2, 4\}$, let *a* be the leftmost leaf of t_i , which is thick, and define $y := y(T, c, a)$ and $x = \text{push}(y)$ as in Lemma 8. Clearly $(i 2) \rightarrow (x 0^{l-1}a_1)^{l-1}$ if $l > 0$ and $x = a_2a_2$ if $l = 0$) $x := \text{push}(y)$, as in Lemma [8.](#page-11-3) Clearly, $(j = 2) \Rightarrow (x = 0^{l-1}q_31^{l-1}, \text{ if } l > 0, \text{ and } x = q_2q_0, \text{ if } l = 0);$ also, $(j = 4) \Rightarrow (x = 0^{l-1}q_51^{l-1}, \text{ if } l > 0, \text{ and } x = q_2q_0, \text{ if } l = 0).$
- (q5) If $j = 5$, let *a* be the unique leaf of t_i that is neither the rightmost nor the leftmost leaf of t_i , where *a* is thick, and define $y := y(T, c, a)$ and $y = \text{push}(x)$, as in Lemma [8.](#page-11-3) Clearly, $x = 0^lq₆1^l$.
- (q8) If $j = 8$, let *a* be the leftmost leaf of $t_{i'}$, which is thin, and define $x := x(T, c, a)$ and $y := \text{pull}(x)$, as in I emma 7. Clearly $y = 0^l a_0 1^l$ as in Lemma [7.](#page-9-1) Clearly, $y = 0^lq₀1^l$.

Otherwise, there are three cases to be distinguished:

- (e) If the potential $\phi(T) = \phi(c)$ is even, we let *a* be the rightmost leaf of t_i and define $x := x(T, c, a)$
and $y = \text{null}(x)$ as in Lemma 7 and $y = \text{pull}(x)$, as in Lemma [7.](#page-9-1)
- (o1) If the potential $\phi(T) = \phi(c)$ is odd and the leftmost leaf *a* of t_i is thin, define $x := x(T, c, a)$ and $y := \text{null}(y)$ as in Lemma 7 $y := \text{pull}(y)$, as in Lemma [7.](#page-9-1)
- (o2) If the potential $\phi(T) = \phi(c)$ is odd and the leftmost leaf *a* of t_i is thick, define $y := y(T, c, a)$ and $x := \text{push}(y)$ as in I amma 8 $x := \text{push}(y)$, as in Lemma [8.](#page-11-3)

Figure 8. Illustration of the Spanning Tree \mathcal{T}_7

This completes the definition of \mathcal{T}_n . [\[1\]](#page-19-0) refers to rules (q137), (q8), (e) and (o1) in step (T3) as *pull rules* and to rules (q24), (q5) and (o2) as *push rules*. The leaf to which one of the pull rules (q137), (q8) or (o1) is applied is always thin, whereas the leaf to which any push rule is applied is always thick.

Lemma 16. [\[1,](#page-19-0) Lemma 21] If T has a unique centroid c, then the c-subtree t_i selected in Step (T2) *satisfies the following conditions:*

1. If $t_{i'} = q_1$ *, then* $t_{i'-1} = q_0$ *or* $t_1 = t_2 = \cdots = t_k = q_1$ *.*

2. If t_i = \in $\{q_2, q_4\}$ *, then* $t_{i'+1} \in \{q_0, q_1, q_2\}$ *or* $t_1 = t_2 = \cdots = t_k = q_4$ *.*

Lemma 17. [\[1,](#page-19-0) Lemma 22] *For any n* \geq 4*, the graph* \mathcal{T}_n *is a spanning tree of* \mathcal{H}_n *. For every arc* (T, T') *in* \mathcal{T}_n , either $\phi(T') = \phi(T) - 1$ *or* $\phi(T) = \phi(T') - 1$ *. Every plane tree* $T \neq [s_n]$ *has exactly one*
rejablor T' *in* \mathcal{T} with $\phi(T') = \phi(T) - 1$ which is either an out neighbor or in neighbor. Moreover *neighbor T'* in \mathcal{T}_n *with* $\phi(T') = \phi(T) - 1$ *which is either an out-neighbor or in-neighbor. Moreover,*
 $G(T)$ is interleaving-free and nesting-free $G(\mathcal{T}_n)$ *is interleaving-free and nesting-free.*

Illustrations for the spanning trees T_i for $i = 4, 5, 6, 7$ $i = 4, 5, 6, 7$ are in Figures 7[-8,](#page-17-0) the versions of [\[1,](#page-19-0) Figures 15-16] for the alternate viewpoint in this survey.

Interaction with switches

Assume $G \subseteq G_n$ is nesting-free. A usable switch τ is *reversed* if the *f*-edge of τ lies on the reversed path of one of the gluing cycles $\sigma^i(C(x', y'))$, $(x', y') \in G$, for some $i \ge 0$, i.e. on the path $\sigma^i(x'^1, y'^2)$ $i(x'1, \ldots, x'^5)$.

Lemma 18. [\[1,](#page-19-0) Lemma 23] Let \mathcal{T}_n be the spanning tree of \mathcal{H}_n of Section [7.](#page-15-0) For $n \geq 4$, the switch $\tau_{n,1}$ *is reversed with respect to* $G(\mathcal{T}_n)$ *and the switch* $\tau_{n,2}$ *is not reversed with respect to any set of gluing pairs G* [⊆] *^Gn. For n*, *^d*,*z as in Lemma [13,](#page-14-2) the switch* ^τ*ⁿ*,*d*,*^z is usable and not reversed with respect to* $G(\mathcal{T}_n)$.

8. Sketch of Proof of Algorithmic Theorem [2](#page-3-2)

The algorithm in Theorem [2](#page-3-2) is a faithful implementation of the constructive proof of Theorem [1](#page-3-1) sketched in Section [6](#page-14-0) which also works with the spanning tree \mathcal{T}_n of Section [7.](#page-15-0) In particular, the switch $\tau_{n,d,z}$ is usable by Lemma [18.](#page-18-1) The effective shifts of the switches $\tau_{n,1}$, $\tau_{n,2}$ and $\tau_{n,d,z}$ used in the proof i.e., the signs χ_{α} , χ_{α} and χ_{α} in displays (6)-(8), can now be computed ex proof, i.e. the signs γ_1 , γ_2 and γ_d in displays [\(6\)](#page-14-5)-[\(8\)](#page-15-2), can now be computed explicitly. Specifically, from Lemmas [12,](#page-14-1) [13](#page-14-2) and [18,](#page-18-1) it is obtained:

$$
\gamma_1 = (-1)(-1) = +1,
$$
\n $\gamma_2 = (+1)(+1) = (+1),$ \n $\gamma_d = (-1)(+1) = -1.$ \n(11)

In each product in [\(11\)](#page-18-2), the first factor is -1 if and only if the switch is f^{-1} -conformal and the second factor is −1 if and only if the switch is reversed.

Proof. The input of the algorithm is the integer $n \geq 1$, the initial combination x' and the desired shift \bar{s} coprime to $2n + 1$. Then, C_n mod $2n + 1$ is computed in $O(n^2)$ time via Segner's recurrence relation, namely

$$
C_0 = 1
$$
 and $C_{n+1} = \sum_{i=0}^{n} C_i C_{n-i}$.

By [\(9\)](#page-15-3), this yields the shift *s* of the flip sequence obtained from gluing without modifications. A test of whether *s* is coprime to $2n + 1$ proceeds, followed by the computation of one or two switches such that the shift *s'* of the modified flip sequence *s'*, via [\(6\)](#page-14-5)-[\(8\)](#page-15-2) and [\(11\)](#page-18-2), is coprime to $2n + 1$. In particular, the definition of *d* in [\(8\)](#page-15-2) involves computing the prime factorization of $2n + 1$. From *s'*,

the *scaling factor* $(s')^{-1}\bar{s}$ is computed as well as the corresponding initial combination *x*, such that *x*' is obtained from *x* by permuting columns according to the rule $i \mapsto (s')^{-1} \bar{s}i$ (applying the inverse permutation). These remaining initial steps can be performed in $O(n)$ time. All further computations are then performed with *x*, and whenever a flip position is computed for *x*, it is scaled by $(s')^{-1}\bar{s}$, before applying it to x'.

To decide whether to perform an *f*-step or a pull/push step, the following computations are performed on the current plane tree $T = [t(x)]$, following steps (T1)-)(T3), Section [7:](#page-15-0)

- 1. compute a centroid *c* of *T* and its potencial $\phi(c)$, as in (T1), in time $O(n)$ (see [\[16\]](#page-20-5));
- 2. compute the lexicographic subtree ordering, as in $(T1)$, in time $O(n)$; if the centroid is unique, this is done via Booth's algorithm [\[17\]](#page-20-6); specifically, to compute the lexicographically smallest clockwise (differing from ccw in [\[1\]](#page-19-0)) ordering (t_1, \ldots, t_k) of the *c*-subtrees of *T*, insert −1's as separators between the bitstrings t_i ; this takes to the string $z := (-1, t_1, -1, \ldots, -1, t_k)$; such
trick makes Booth's algorithm return a cyclic rotation of z that starts with -1; it follows that such trick makes Booth's algorithm return a cyclic rotation of *z* that starts with -1; it follows that such rotation is also the one minimizing the cyclic subtree ordering (t_1, \ldots, t_k) ;
- 3. compute a *c*-subtree of *T* and one of its leaves, as in steps (T2)-(T3), Section [7.](#page-15-0)

Overall, the decision of which type of step to perform next takes time $O(n)$ to compute. Whenever a switch appears in the course of the algorithm, detectable in time $O(n)$, a modified flip as in [\(4\)](#page-13-1)-[\(5\)](#page-13-2) is performed. Each time this occurs, the position $\ell(c)$ has to be recomputed, with $T = [t(x)]$ unchanged.

In sum, the algorithm runs in time $O(n)$ in each step, using $O(n)$ memory all the time, and it requires time $O(n^2)$ for initialization. □

Declaration of competing interest

The author declares no conflicts of interest to this work.

References

- 1. Merino, A., Mička, O. and Mütze, T., 2022. On a combinatorial problem of Knuth. *SIAM Journal on Computing, 51*(3), pp.379-423.
- 2. Knuth, D., 2011. *The Art of Computer Programming: Volume 4A, Combinatorial Algorithms, Part 1*. Addison-Wesley.
- 3. Dejter, I. J., 2020. Reinterpreting the middle-levels theorem via natural enumeration of ordered trees. *Open Journal of Discrete Applied Mathematics, 3*, pp.8-22.
- 4. Mütze, T., 2016. Proof of the middle levels conjecture. Proceedings of the London Mathematical *Society, 112*, pp.677-713.
- 5. Gregor, P., Mütze, T. and Nummenpalo, J., 2017. A short proof of the middle levels theorem. *arXiv preprint arXiv*:1710.08249.
- 6. Kierstead, H. A. and Trotter, W. T., 1988. Explicit matchings in the middle levels of the Boolean lattice. *Order, 5*(2), pp.163-171.
- 7. Arndt, J., 2011. *Matters Computational: Ideas, Algorithms, Source Code*. Springer.
- 8. Stanley, R., 1999. *Enumerative Combinatorics: Volume 2* (Cambridge Studies in Advanced Mathematics, Book 62). Cambridge University Press.
- 9. Sloane, N. J. A. The On-Line Encyclopedia of Integer Sequences. Retrieved from [http://oeis.](http://oeis.org/) [org/](http://oeis.org/)
- 10. Dejter, I.J., 2022. Universal updates of Dyck-nest signatures. *arXiv preprint arXiv:*2209.11122.
- 11. Dejter, I., Castling Tree of Tight Dyck Nests with Applications to Odd and Middle-Levels Graphs. Available at *SSRN* 4928719.
- 12. Dejter, I. J., 2023. Arc coloring of odd graphs for hamiltonicity. *Open Journal of Discrete Applied Mathematics, 6*, pp.14-31.
- 13. Buck, M. and Wiedemann, D., 1984. Gray codes with restricted density. *Discrete Mathematics, 48*(2-3), pp.163-171.
- 14. Havel, I., 1983. Semipaths in directed cubes. *Graphs and Other Combinatorial Topics (Prague, 1982), 59*, pp.101-108.
- 15. Bollobás, B., 2006. *The Art of Mathematics: Coffee Time in Memphis*. Cambridge University Press.
- 16. Kang, A. N. C. and Ault, D. A., 1976. Some properties of a centroid of a free tree. *Information Processing Letters, 4*(1), pp.18-20.
- 17. Booth, K. S., 1980. Lexicographically least circular substrings. *Information Processing Letters, 10*(4-5), pp.240-242.

© 2024 the Author(s), licensee Combinatorial Press. This is an open access article distributed under the terms of the Creative Commons Attribution License (http://[creativecommons.org](http://creativecommons.org/licenses/by/4.0)/licenses/by/4.0)